

VOLUNTEER OPPORTUNITIES



Volunteers are a vital part of our mission to help victims of domestic or sexual violence to become survivors through supportive services, community education and cooperative partnerships that foster hope, promote self-sufficiency and rebuild lives. Volunteers are needed at both Kentucky and Indiana Campuses.

DIRECT SERVICE VOLUNTEER OPPORTUNITIES *Program Training Required*

Hospital Volunteer Advocate *(both campuses)*

- Available on an on-call basis (minimum of two on-call shifts per month required).
- Provide information, support and advocacy to victims of domestic violence and sexual assault at hospital emergency rooms.
- **Southern Indiana Programs** - Main hospitals will be Clark Memorial and Floyd Baptist Health

Children's Volunteer Advocate *(both campuses)*

- Provide one-on-one time.
- Participate in small group activities to build self-esteem and assist on field trips as it relates to programming.

Legal Volunteer Advocate *(both campuses)*

- Support individuals by collecting information and accompanying them to court hearings. **Southern Indiana Programs** - Floyd and Clark County Courthouses.
- Monitor relevant court proceedings and provide information about The Center for Women and Families' services.

Facilitation of Psycho-educational Support Groups - *only Southern Indiana Programs*

- This will be discussing power and control dynamics, red flags of abuse, and healthy boundaries regarding Intimate Partner or Sexual Violence with clients in a group setting.

NON-DIRECT SERVICE VOLUNTEER OPPORTUNITIES *Program Training and/or Orientation Required*

Administrative Volunteer *(both campuses)*

- Filing records, assisting with holiday preparations and special events, preparing mailings and generating thank you letters and assisting with other administrative services as needed.
- **KY Campus:** Front Desk Reception- covering the main lobby from desk from 10am-2pm, greeting visitors, accepting donations, and calling staff for appointments. **IN Campus:** Cover Reception Desk from 10a-5p, M-F - greet visitors, accept donations, call staff for appointments.

Community Outreach Volunteer *(both campuses)*

- Raise awareness in the community by representing The Center at events such as community fairs, job fairs, health fairs, schools, businesses, and places of worship.

GROUP VOLUNTEER OPPORTUNITIES

Kitchen Volunteer *(Kentucky Campus only)*

- Groups of 2-3 are welcome each day to help us serve lunch and dinner. This is a great team building exercise and we welcome groups to come on a rotating schedule. Lunch is always 11:30am-1:30pm and dinner is 4:30pm-6:30pm.

Building Volunteer *(both campuses)*

- Help us clean, landscape, organize supply rooms, etc as needed. If you have a large group or belong to an organization that does community service, please reach out.

THINGS TO KNOW

Some of our advocacy opportunities involve interacting with clients who have just experienced a sexual assault or episode of intimate partner violence. For some of our volunteers this experience could prove to be personally challenging. Please keep in mind that there are also many volunteer opportunities that don't involve being on the front lines of trauma response. Additionally, many of our direct service volunteers also assist in fundraisers and fun Center events like the annual Celebration of Service and Survival.

We welcome survivors of violence who want to explore volunteering opportunities. We do ask that you be in a healthy place in your recovery if you wish to serve others in a direct capacity in order to provide the best possible care to those in crisis and ensure your well-being. It is always a good idea to be aware of your personal comfort level and need for boundaries.

If you are concerned about which option might be the best fit for you or have general questions about volunteering, please call 502-581-7276 or e-mail volunteer@cwfempower.org.

To volunteer directly with clients you must:

- Be at least 20 years of age.*
- Complete a volunteer application and interview.
- Agree to reference and background checks.
- Sign a pledge of confidentiality.
- Complete required training in appropriate area of service.

Training

Required training includes 12 hours of self-study followed by five in-person modules that focus on skills practice intended to give new advocates the opportunity to practice and build their skills that will they will need when supporting our clients.

*Children's, Kitchen, and Administrative volunteer opportunities are open to those younger than 18 years of age. Teens who have completed their freshman year of high school are welcome!