HIV and Intimate Partner Violence

DECREASING RISK FOR WOMEN IN KY
BACKGROUND INFORMATION AND PROJECT DESCRIPTION

ADDRESSING THE ISSUES
In October 2019, the U.S. Office on Women’s Health awarded $1.2 million dollars to The Center for Women and Families (The Center) a shelter for violence in Louisville KY. The Center worked with staff from Volunteers of America’s Health Outreach and Prevention, HIV testing program (VOA Health) and the Pacific Institute for Research and Evaluation (PIRE), to look for ways to help women who have higher chances of living through violence, being infected with HIV, and experiencing substance misuse.

PROJECT GOALS
1. Increase access to services to prevent HIV for women living through violence.
2. Help VOA talk to clients about violence and how to connect clients to The Center.
3. Decrease stigma about people living with HIV who may experience substance use or violence.

BUMPS IN THE ROAD
Pandemic-related requirements and civil unrest in Louisville affected how the team accomplished their goals. Crisis calls to Center decreased by 30% from March-May 2020, but it is unlikely rates of violence were also decreasing. In 2020, VOA Health did not have personal protective equipment and stopped community HIV testing for more than 10 weeks.

VOA Health is now back HIV testing in the community and project partners were determined to keep the project going.
CWF, VOA, AND PIRE HAVE WORKED TOGETHER TO SERVE MORE THAN 500 KENTUCKY WOMEN LIVING AT RISK FOR VIOLENCE SINCE 2019.

The Center, VOA Health, and PIRE worked together to develop training about HIV and sexual health that was relevant to our community. The Center staff attended the training and learned how to talk with clients about HIV testing, HIV protection and prevention, and developing a sexual safety plan. The Center, VOA, and PIRE collaborated to find and adapt an intimate partner violence questionnaire that would work for people in our community. VOA Health staff attended training to learn more about violence and how to use the questionnaire to connect clients to The Center. Experts in HIV prevention, intimate partner violence, and stigma created community forums, presentations, and training for community-serving organizations including:

- Passport by Molina Healthcare
- Big Brothers, Big Sisters of Kentuckiana
- The Foundation for a Healthy Kentucky
- Community Shield

Even through trying times...

During the 2.5 years of this project, VOA Health used the intimate partner violence questionnaire with more than 400 people. VOA Health staff were able to share resources from The Center with people experiencing violence. For our community, this means that women who may have a greater chance of living through violence or becoming infected with HIV now have better access to services that consider each person’s needs and have been shown to work. This report shares the successes of the team collaboration for The Center, VOA Health, and in the larger Kentucky community.

PROJECT ACCOMPLISHMENTS

MORE THAN 200 SERVICE-PROVIDING STAFF RECEIVED TRAINING TO IMPROVE LINKAGES TO CARE AND PREVENT STIGMA.

CWF, VOA, AND PIRE HAVE WORKED TOGETHER TO SERVE MORE THAN 500 KENTUCKY WOMEN LIVING AT RISK FOR VIOLENCE SINCE 2019.
The Center’s staff are now talking to their clients more often about HIV prevention and are:

- More aware of HIV and decreasing barriers to talking about HIV
- Using new skills to discuss HIV, IPV, and medication for HIV prevention (PrEP)
- Able to refer clients to VOA Health for HIV and other health concerns.
- Discussing how violence increases risk for HIV and ways to reduce HIV risks.
- Confident in talking to clients about HIV testing, even when clients bring up obstacles like fear or uncertainty.

"Having the partner, the community partner come into our setting, that’s a big relief for a lot of clients. I appreciate that, whenever any of our community partners can come into our space."

"Society puts this idea that sex is a bad word or should be kept private or shouldn’t be talked about... so that’s something that I personally bring up as a part of safety planning because it’s a big part of relationships."

VOA testers in CWF shelter...

- Are female when possible: evidence supports a female-identifying tester in a women’s shelter.
- Provide testing once per week in the morning and evening to try to accommodate everyone.
- Work with CWF staff to put up HIV testing advertisements in shelter so that residents know when HIV testing happens.
- Make an announcement when the HIV tester arrives to let everyone know that the tester is available for free, confidential HIV testing.

- 66.7% of staff felt they had adequate training in discussing HIV with clients (an increase from before training).
- 54.3% of staff understand that survivors of abuse want to talk about HIV.
- 44.4% of staff understand that it is within their role to talk about HIV with clients.
- 88.9% felt comfortable talking about HIV with clients after training.
74% of clients reported that The Center's staff made them feel safe and comfortable.

79% of clients stated that The Center's staff treated them as a whole person.

86% of clients said The Center's staff helped them recover from trauma due to domestic violence.

After staff were trained in HIV, clients also increased their knowledge about HIV; scores increased from 50% to 80%.

Before training, only 26% of clients said that staff talked to them about HIV protection and sexual safety planning.

After training, 40% of clients said The Center's staff had discussed HIV protection.

60% of clients indicated staff had talked about sexual safety planning.
VOA Health staff are now asking clients about intimate partner violence and are...

More likely to acknowledge partners using violence as a means of control (100%) and reasons why someone may not be able to leave a violent relationship (87.5%).
Feel moderately or well prepared to disclosures of abuse (75%).

Since starting to use the 5-item questionnaire, called E-HITS, all people who get an HIV test through VOA Health are also:
- Provided with information about The Center’s services and how to reach Center’s hotline.
- Connected to The Center’s services when needed if the client is willing

After training, 63% of staff indicated they are most times or all the time screening and referring clients to The Center.

Staff also scored higher in how to discuss IPV with clients including safety concerns when discussing IPV concerns with others present (70% before training and 87.5% after)...

... as well as avoiding stigmatizing language when discussing IPV (60% before training and 100% after).
Domestic violence is a serious threat to the health of an individual. Asking about domestic violence can help people get out of dangerous relationships. VOA has a comfortable place to do screening for domestic violence.

Most (75%) of VOA clients would prefer to get tested for HIV at a place that offers screening for domestic violence. Screening for domestic violence is an important activity for health care providers to do.

100% of VOA community-based clients are offered IPV screening during regular HIV testing.

Even after training staff about violence, VOA Health clients still have barriers to seeking help for violence like:

- fear of the assailant
- suffering embarrassment
- believing service providers would think the violence was their fault
- worries about insensitivity to the needs of different races and genders.

VOA HEALTH
OUTREACH & PREVENTION
The community advisory board (CAB) helped The Center, VOA Health, and PIRE develop ways to collect data, trainings for staff, and other materials related to project goals. Importantly, everyone on the CAB lived in the Louisville Metro Area and had experience with HIV and violence.

- 180 PERSON-HOURS OVER 17 MEETINGS
- 7 WOMEN WITH LIVED EXPERIENCE OF VIOLENCE OR HIV

"A group who had a true desire to help- It was all based in love."

"Being part of the solution."

"It is important to talk to girls."

"It is important to talk to girls."
PIRE gave an interactive training to:

- Connect how interpersonal violence, HIV, and substance misuse are related and affect people living in our community.
- Talk about how stigmatizing HIV and continuing to use some forms of language can be harmful.
- Identify and practice ways to decrease stigma in everyday interactions.

The project found support in many kinds of media including TV appearances, social media posts, bus stop advertisements, and community sharing webinars.

1.3M readers
81,9000 viewers
291,000 Social Media Likes, and shares
FURTHER RESOURCES FOR INTERESTED PEOPLE

1. U.S. Department of Health and Human Services, Office on Women's Health
2. STOP SV: A Technical Package to Prevent Sexual Violence
3. PIRE's Project Website and Final Report
4. VOA Health Outreach and Prevention HIV and Intimate Partner Violence website
5. POSITIVELY SAFE: Addressing the Intersection of Domestic Violence and HIV/AIDS Toolkit
6. HIV IPV Risk Among Women in Kentucky YouTube Channel

FOR INQUIRIES, VISIT WWW.THECENTERONLINE.ORG

IF YOU OR SOMEONE YOU KNOW IS EXPERIENCING VIOLENCE, CALL OUR 24/7 HOTLINE AT: 1-844-237-2331
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Decreasing Risk for women in KY


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