

Consent must be

- Freely given
- Mutually understood
- Ongoing
- Given for each specific act

What can consent sound like?

CONSENT

Yes
I'm sure
I'm excited
Don't stop
I want to...
I'm not worried
That feels good
Mmmmmm!
I love this
I want to do this right now
I'm ready
I want to keep doing this
I like when...

NON- CONSENT

No
Stop
I'm not sure
I'm scared
I want to, but...
I'm worried
That doesn't feel good
This feels wrong
Maybe
Not right now
I don't know how I feel about this
That hurts
(Silence)

How can you ask for consent?

Would you like to...?
Can I kiss you, keep going, etc. ?
Are you having fun?
How does that feel?
How far do you want to go?
Would you feel comfortable if I...?

Check out these resources for conversation starters, videos, resources and further support.

thecenteronline.org
kasap.org
indianacesa.org
rainn.org
nomore.org

I ASK FOR CONSENT

A stylized illustration in teal showing two hands holding a clock face. The hands are positioned as if they are gently supporting or framing the clock. The background of the entire page is a repeating pattern of various phrases in Spanish and English, such as '¿Quieres que nos agarremos de la mano?', 'Can I kiss you?', and 'Would you like to get a coffee?'. The main title 'I ASK FOR CONSENT' is written in large, bold, black capital letters, with the 'I' being significantly larger than the other letters.

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