



# EMBRACE YOUR *Voice*

## 5 THINGS YOU CAN DO TO PREVENT SEXUAL VIOLENCE AND SUPPORT SURVIVORS:

When you take a stand against sexual violence in the workplace, you make a difference.

- Remind survivors that what happened is not their fault, and that they deserve to work in a setting where they know they are safe.
- Offer survivors one of the resource cards from The Center for Women and Families and remind them The Center is available 24/7 to listen and help them stay safe.
- When you notice that a coworker seems uncomfortable with how someone is interacting with them, check in with that coworker in the moment or later on, and let them know you're concerned about them.
- If a coworker makes an inappropriate joke or comment, talk to them one-on-one later and let them know that joke or comment could be hurtful.
- If you're a supervisor or manager, contact The Center for suggestions on policies and practices you can implement to foster an environment where employees treat one another with respect.

# SEXUAL VIOLENCE IS EVERYBODY'S BUSINESS.

A healthy workplace is essential for all of us. Sexual violence [including rape, sexual assault, and sexual harassment] isn't a "personal" problem that only happens outside of work. Sexual violence is a serious issue with high costs, from medical and mental health care for survivors and their families, to security costs and concerns and many days of lost productivity for workplaces.

## 3 STEPS TO CREATE A WORKPLACE FREE FROM SEXUAL VIOLENCE:

1. Give the cards in this packet to your HR professional and ask them to share the cards in your workplace. Contact The Center for Women and Families for more materials.
2. Examine your workplace policy for responding to sexual harassment. Provide suggestions to your supervisor about how it could be improved. If you are a supervisor or manager, review and update the policy.
3. Contact The Center for Women and Families for training to learn how to prevent sexual harassment, and suggestions for updating your workplace policy.



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AND  
FAMILIES

**Crisis + Information Line**

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