



### PARTY CREW

In July, The Center had a welcome home block party. The Lemons to Lemonade block party included free lemonade, live music, tours and lots of fun. A big thanks to the crew from Humana who came out to volunteer and help make it happen.



### A DAY AT THE PARK

Employees of the JBS Butchertown Pork Plant grilled pork chops, chicken and veggie burgers for The Center for Women and Families staff picnic. From left are Eduardo Fernandez, Diego Abreu, Jessica Baer, Anupam Bansal, and John Cliff. Thanks JBS Butchertown!



### KNIGHTS IN ACTION

Moving back into the building means a lot of unpacking. Thanks to 24 Bellarmine freshmen the job was a little easier. The students assembled new shelving units and sorted hygiene products, food items and brochures.



### GROWING IN INDIANA

The Center for Women and Families celebrates the opening of the Southern Indiana Advocacy and Prevention Office, opened in partnership with and located in the New Albany Housing Authority in order to better serve clients in Southern Indiana. Thanks to everyone who came out to welcome us.



### LENDING SOME MUSCLE

Thanks to board member Nancy Bottoms who coordinated several groups of UPS volunteers who helped us put finishing touches on the building and landscaping before our rededication. We appreciate all of their hard work and help!



THE CENTER FOR WOMEN AND FAMILIES

PO Box 2048  
Louisville, KY 40201-2048

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THE CENTER FOR WOMEN AND FAMILIES

# More Than a Shelter

FALL 2015 NEWSLETTER



## HELP THE CENTER WIN \$100,000!



The number one reason survivors of intimate partner violence stay in an abusive relationship is they lack the financial skills and resources to leave. Many times abusers hold all of the economic and social standing and have complete control over finances. You can help change that.

Support The Center for Women and Families this October during Domestic Violence Awareness Month as we participate in The Allstate Foundation's Purple Purse Challenge to compete to win the \$100,000 first place prize. Help survivors break free and stay free. Because we ALL carry the power to make a difference.

Your gift, donated online October 1 - October 27 through the Purple Purse Challenge, will help The Center for Women and Families as we compete with 150 other domestic violence programs across the country for the \$100,000 first place prize. Your gift can be as little as \$10 or as much as \$10,000 . . . and you can give as many times as you like! Visit [www.thecenteronline.org](http://www.thecenteronline.org) to donate or to join our online fundraising team by creating your own page.

In 98% of all domestic violence cases, financial abuse helps keep victims trapped.

### ABOUT THE PURPLE PURSE

Allstate Foundation Purple Purse is a public awareness and fundraising campaign aimed at creating long-term safety and security for survivors through financial empowerment. The Purple Purse is bringing financial abuse out of the shadows so victims can get the healing and support they deserve. The program ignites fundraising for hundreds of national, state and local domestic violence organizations.

FIND US ON Facebook and Twitter @thecenteronline

## COMING HOME

- MOVING BACK TO THE JOAN E. THOMAS CAMPUS
- WEAR A LITTLE PURPLE WITH YOUR PINK



## NOTE FROM THE PRESIDENT/CEO



MARTA MARIA MIRANDA

What does home mean to you?

We asked this question to the community, our staff and clients during our rededication celebration on the Joan E Thomas Campus in July. The responses included dogs, love, comfort, family, friends, safety and many more heartwarming messages.

We are so thrilled to be back in our home at our Second Street campus! Our staff, board and volunteers are excited to welcome clients into our space and to resume services in the newly renovated building, which has been redesigned to fit the work we do.

As we return to our home, we are grateful for the safe, peaceful and healing environment created in the new space and we are humbled by the outpouring of support.

With your help, we provide safety, support, empowerment and resources, a place where survivors of sexual assault and domestic violence and their families can transform their lives, and a place we can work with our clients in order to co-create violence free lives, families and communities.

Thank you for supporting our mission. We cannot do this work without your help. Please consider investing in The Center for Women and Families as we provide comprehensive services for those in our community who experience sexual assault and domestic violence and their children. They need a safe place to call home.

May you and yours have a safe and loving place to call home.

Mil gracias por su apoyo,  
(A thousand thanks for your support)

## COMING HOME JOAN E. THOMAS CAMPUS REOPENS

### SERVICES RESUME AT THE CENTER'S MAIN CAMPUS

It's time to celebrate! The Center for Women and Families is back in its Second Street campus following 18 months of displacement for necessary repairs and renovations to the building.

Damage from storms in 2014 required extensive repairs to the facility, including replacing the roofing system. However, taking advantage of the lemons Mother Nature gave us, The Center made lemonade--using this opportunity to renovate the building in a manner that will improve service to our clients and create an environment conducive to healing.

With a focus on trauma-informed care principles, some of the key changes we made to the facility include:

- Redesigned the building to provide the clients with space separate from the staff offices and equipped the shelter with all new furniture and freshly painted walls
- Enclosed the balconies to increase client and staff safety
- Created a healing garden in our enclosed outdoor space for clients and their children to enjoy the outdoors safely
- Added a lactation room for client and staff use
- Set up a private waiting area for the campus sexual assault clinic
- Created a separate entrance for clients so they may come and go without having to encounter Center visitors
- And, finally, created a dedicated space for male survivors

We have been moving back into the Second Street campus in phases, with the administrative staff returning in June, and the prevention team, nonresidential advocates and therapists returning in July. Most recently, the 24-hour call center and shelter have moved back in and brought those services back to the facility.

We are finally home, and we want the community to know we have resumed full services at this location.



Designed by Brook F. White Jr. of Flame Run Gallery, the custom glass chandelier in the front entrance of the building is breathtaking.

## WEAR A LITTLE PURPLE WITH YOUR PINK

### OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

People wear pink ribbons, accessories or clothing in October to acknowledge Breast Cancer Awareness Month, but October is also Domestic Violence Awareness Month, which is acknowledged by wearing purple. Therefore, this October we are asking everyone to wear a little purple with their pink.

Many people believe domestic violence, also known as intimate partner violence (IPV), is a personal or family matter, but according to the Center for Disease Control and Prevention (CDC), "Intimate partner violence is a serious, preventable public health problem that affects millions of Americans."

Every year in the U.S. there are 12 million victims of intimate partner violence, rape and stalking. The CDC studies show that 81% of women and 35% of men who experience partner abuse also report at least one health-related problem.

Intimate partner violence is linked to numerous health issues and adverse health behavior costing the economy \$8.3 billion annually, which does not include the cost incurred by legal and criminal justice systems.

Research shows that victims of intimate partner violence are at significant risk for hypertension, high cholesterol, heart attacks, strokes, chronic pain, chronic irritable bowel syndrome and pregnancy-related problems. Head injuries and strangulation put victims at increased risk for strokes, memory loss, seizures, blackouts, dizziness and difficulties with concentrating. Many victims of domestic violence are sexually abused, resulting in STDs, HIV, cervical cancer and internal injuries. Mental health repercussions of IPV include higher incidences of depression, post traumatic stress syndrome and suicide. IPV victims are also more likely to engage in substance abuse and other risky behaviors.

The Center for Women and Families is working with agencies throughout our city and state to address IPV and work toward prevention. Community-wide partnerships will be key in ending domestic violence.

At home, early detection is important. Know the risks and check in with friends and family about your relationship. Learn more about risk factors at [www.thehotline.org](http://www.thehotline.org) or take a healthy relationship quiz at [www.loveisrespect.org](http://www.loveisrespect.org).

Please help us increase awareness about domestic violence by wearing a little purple with your pink throughout the month of October.

*This October*  
**WEAR A LITTLE PURPLE**  
*with your pink*

**1 in 8 Women will be diagnosed with invasive breast cancer during her lifetime.**

**1 in 3 Women will experience intimate partner violence during her lifetime.**

**113 People die every day from breast cancer.**

**5 People are murdered each day by an intimate partner.**

**Around 209,000 new cases of breast cancer are diagnosed in women and men each year.**

**An estimated 12 million people are victims of stalking, rape and/or physical violence by an intimate partner each year.**

**FREEBIES**  
During October visit our website to download free posters, flyers, bookmarks, social media icons and more at [www.thecenteronline.org](http://www.thecenteronline.org).

**ON THE COVER:** The newly designed healing garden at The Center. Created to be a safe outdoor environment that will foster active, expressive play and promote therapeutic engagement for children with staff, their parents, and the shelter community as a whole and provide a peaceful environment

**SAVE THE DATE**  
**2.26.2016**

**2016 CELEBRATION OF SERVICE AND SURVIVAL**

## MAKING IT POSSIBLE

Following unexpected damage from winter storms in 2014, the Second Street Campus was evacuated until a new roofing system could be put in to place and repairs and renovations could be completed. The price tag for this massive overhaul? Six million dollars. While we continue to raise the funds for the project we are very thankful to the individuals and organizations who have stepped up and helped The Center.

*Pictured below from left to right: Congressman John Yarmuth and longtime Center supporter Lee Thomas. Kosair Shriners pause with CEO Marta Miranda for a photo following a check presentation for one million dollars.*



Have you remembered The Center in your estate plans? For more information on The Center's Planned Giving Program contact Jeanine Triplett at 502.581.7207 or [jeanine.triplett@cwfempower.org](mailto:jeanine.triplett@cwfempower.org)

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We welcome your feedback. Questions or comments about *More Than a Shelter* can be directed to [media@cwfempower.org](mailto:media@cwfempower.org) or (502) 581-7261. Opt out of receiving the paper version of *More Than a Shelter* and receive an electronic version instead by emailing [media@cwfempower.org](mailto:media@cwfempower.org).