



BIG THANKS

Thank you to the groups who supported us during The 2014 Mayor's Give a Day Week of Service!

Pictured Left: JBS Louisville

Pictured Right: United Methodist Women's Group



THE CENTER FOR WOMEN AND FAMILIES

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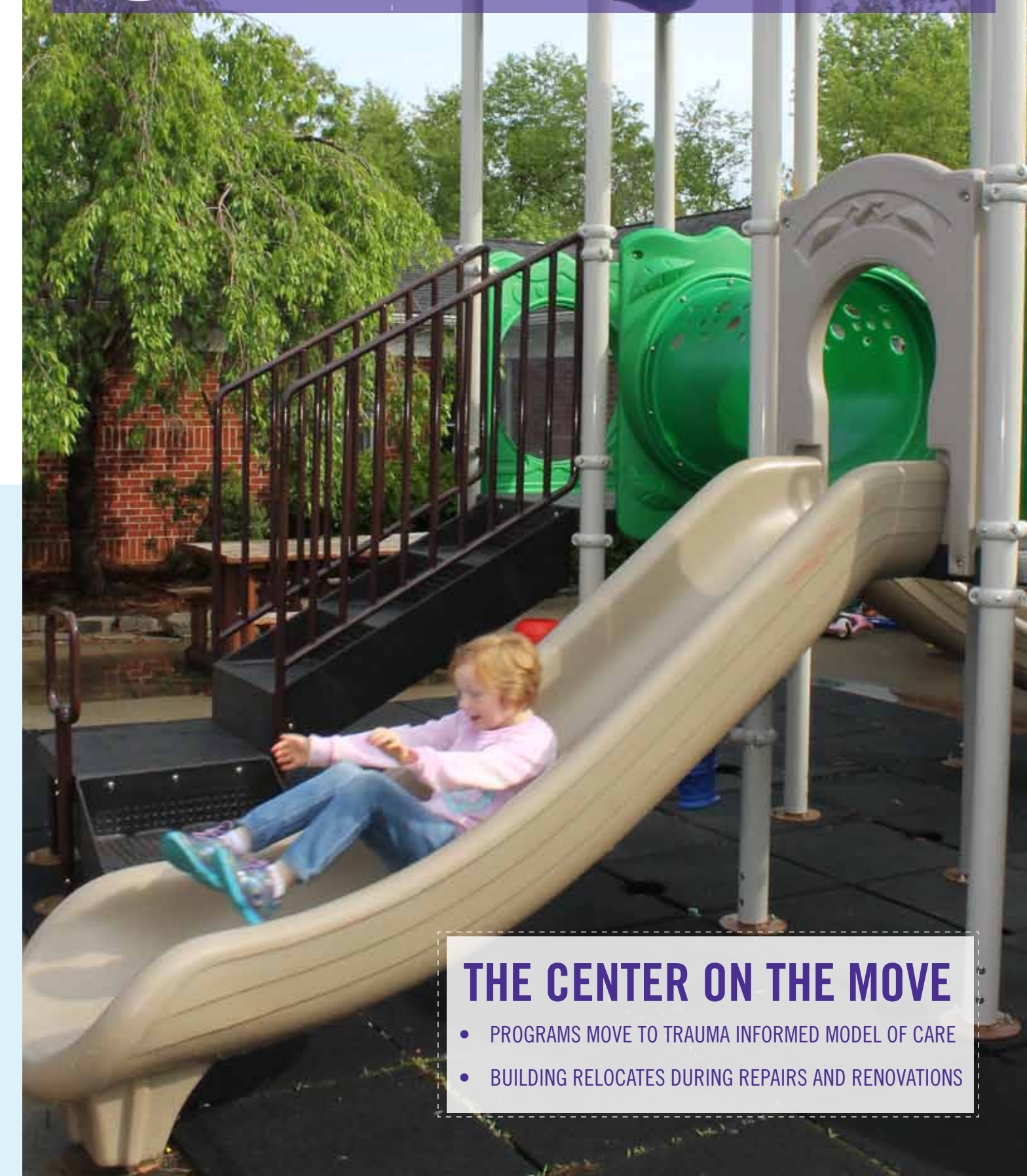
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THE CENTER FOR WOMEN AND FAMILIES

More Than a Shelter

SUMMER 2014 NEWSLETTER



THE CENTER ON THE MOVE

- PROGRAMS MOVE TO TRAUMA INFORMED MODEL OF CARE
- BUILDING RELOCATES DURING REPAIRS AND RENOVATIONS

GREEN DOT IS GROWING!

Students from Our Lady of Providence High School joined with officials from The Center and Verizon Wireless to announce new HopeLine® from Verizon funding that will allow the training to be expanded to additional schools in Southern Indiana. Thanks to the Green Dot program these students have been trained to help establish a culture of healthy relationships among their fellow students.



SOS

Locally run nonprofit Supplies Over Seas (SOS) is helping near AND far. SOS is partnering with The Center to supplement hygiene and medical supplies that are needed by families at The Center. We are excited about our partnership.



CAN YOU PARTNER WITH US FOR A CAUSE?



Last October the staff at Heine Brothers and Vint gave The Center's awareness efforts a major boost by joining in on Thursdays in Black. Wearing black to remember those who lost their lives to intimate partner violence and to bring awareness to these issues.

The Center for Women and Families has been partnering with Heine Brothers since 1994. In that time staff members have donated thousands of pennies from the tips jars each year that have added up to a lot of support for The Center. In addition, 50 cents from each bag of Ronda's Blend sold is donated to the The Center. This amounts to hundreds of dollars each year. It's pennies and partnerships just like this one that help keep all of our services free of charge.

Join us as we raise awareness about this issue that effects 1 in 4 men and 1 in 3 women.

Businesses, organizations and groups can partner with us to raise awareness or funds to keep our services free of charge to Kentuckiana. Contact Mary Dorrell at Mary.Dorrell@cwfempower.org to donate or media@cwfempower.org if you would like to help raise awareness during Domestic Violence Awareness Month this October.

SUPPORTING CLASS

The Center is the proud recipient of a \$1,000 donation from a new project sponsored by the University of Louisville's Life Span Human Development class.

Students in the class participated in various service-learning projects during the semester. At the end of the semester, students made a formal presentation on their project and then voted to select one non-profit organization to receive their \$1000 Philanthropy Award.



Give Local Louisville

On May 6, the Community Foundation of Louisville hosted a 24-hour online "Give Day" to support local organizations. The one day giving event raised a total of \$1,888,760 from 2,563 individual donors. The Center for Women and Families raised \$10,660.54. Thank you for giving local and thank you to the Community Foundation of Louisville!



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NOTE FROM THE PRESIDENT/CEO



MARTA MARIA MIRANDA

This year has proved to be one of my most challenging. As many of you heard or saw on the news, in March we had to temporarily close the building at our Second Street location. The main campus is at the center of much of our work, but it is not the heart of our work. I have been blessed to work alongside staff and partners with great hearts and incredible minds. We have been humbled and grateful for the outpouring of support we received.

As we continue to navigate this challenge, we set our eyes to the future. I am incredibly proud to say that despite everything, we continued to provide our services without interruption. In fact we are using this

opportunity to implement changes that will support our goals and future plans. Finding the silver lining in the cloud can sometimes seem difficult, but the staff and I are excited about programs and plans on the horizon. We are fundraising so we will be able to renovate the building to meet current and future needs and improve our services.

I invite you to join us in supporting those who have been affected by intimate partner violence or sexual assault and as we look to our future without violence.

Mil gracias por su apoyo,
(A thousand thanks for your support)

WILL YOU BE OUR RAINBOW AFTER THE STORM?

"We may encounter many defeats but we must not be defeated." Maya Angelou's quote accurately describes the staff's attitude the last ten months regarding The Center's failing roof and subsequent move to temporary locations. Rain and snow brought a deluge of unforeseen problems to the main building at the Joan E. Thomas Campus.

The Center had begun the planning to replace the roof at the Joan E Thomas campus on 2nd street after experiencing some leaks during the rainy season. Estimates were received and the roof was scheduled to be June. But we soon realized the roof design and previous renovations in 2006 were not adequate for the brutal winter we experienced resulting in damage to the building. The water came in through the roof creating difficult and hazardous working conditions. With great sadness, The Center decided to temporarily close the building.

It was a challenge to move all the programs, staff and clients to new locations. Actually, the word challenge really doesn't describe the effort placed in finding safe locations for our clients on city bus routes. Thankfully, due to community partners, board members and a very dedicated staff, The Center moved in March. Amazingly, all services continued without interruption and The Center continues to offer 100% of its services in alternate locations.

What's next? This hardship created an opportunity for The Center to renovate the building to fully maximize client services. Construction on a roof system began in June, to be followed by repair and renovations to the interior of the building. Total cost of the repairs and renovations is estimated **between four and five million dollars** and will be completed in eight months. Unfortunately, insurance dollars will only cover partial cost, so The Center is seeking help from every facet of the community. **We are the safety net for all zip codes in this community and we need your help.** Please help us overcome unexpected storm.

Try to be a rainbow in someone's cloud
- Maya Angelou

You can donate to The Center's repair and renovation by contacting Jeanine Triplett at 502-581-7207 or Jeanine.triplett@cwfempower.org.
Donate online at www.thecenteronline.org.

TEMPORARY RELOCATION INFORMATION

The Center has and will continue to provide services to the survivors of intimate partner violence, domestic violence and assault and their children 24/7 365 days a year free of charge. Relocation information is available on our website at www.thecenteronline.org.

**If you are in need of services call our 24-hour Crisis & Information Line for assistance.
502-581-7222 KY / 812-944-6743 IN or toll-free at 1-844-BE-SAFE-1**

ON THE COVER: Our Southern Indiana Campus gets a much needed update thanks to a grant received from the Horseshoe Foundation. The job couldn't have been done without help from our new partners at McRae Enterprises. McRae helped reduce the cost of shipping and donated their services to assemble the equipment. In addition, they volunteered to complete regular maintenance checks to keep the kids staying at the shelter on safe and sound equipment.



ABOVE: Trash cans line up to catch the spills of water coming down in administrative hallways.

BELOW: Shelter Rooms like this one were shut down when water came through the ceiling.



CELEBRATION OF SERVICE & SURVIVAL

Thanks you to all of the generous donors and sponsors who made the 27th Celebration of Service and Survival a success.

\$287,000 was raised for The Center!



The 2014 Women of Distinction & 2014 Joan E. Thomas Lifetime Achievement Award Recipients Right to Left: Phyllis Florman, Kathryn Mershon, Judy Lambeth, Markham French, Jennifer Jewell and Ann Coffey.



SAVE THE DATE
February 26, 2015

NEW LOCATION - The 2015 Celebration of Service and Survival is moving to Churchill Downs. Mark your calendars now! For more information contact Jeanine Triplett at jeanine.triplett@cwfempower.org.

Thank You!

2014 Celebration of Service & Survival Sponsors

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SPOTLIGHT TRAUMA INFORMED CARE

TRAUMA INFORMED CARE

Trauma Informed Care is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma. Trauma Informed Care also emphasizes physical, psychological and emotional safety for both consumers and providers, and helps survivors rebuild a sense of control and empowerment.

THE CENTER'S COMMITMENT

The Center for Women and Families (CWF) is committed to foster hope, healing and rebuild lives of survivors. With this in mind, The Center adopted Trauma Informed Care (TIC) as a main framework for all agency practices. From providing services for survivors of abuse to educating on prevention, trauma informed care can improve all aspects of the agency.

In November all CWF staff gathered to take part in a two day TIC training. Staff learned what TIC care is, how trauma can affect a person and saw examples where TIC has facilitated successful treatment. It was an important step in the multi-year process allowing every staff member at CWF to understand trauma and how this model can advance the agency mission. Staff will continue to be provided with cutting edge education, skills and tools to improve the way they interact with clients and each other. In order to provide excellent and comprehensive services to our clients CWF is fully investing in comprehensive TIC. This means changes to our practices, policies, procedures, staff trainings and wellness, and even changes down to the very food we offer and physical space we provide for our clients.



Center President Marta Miranda introduces Lori L. Beyer, LICSW as Creating Cultures of Trauma-Informed Care Training begins.

LOOKING TO THE FUTURE

*"Everyone pays the price when a community produces multi-generations of people with untreated trauma by an increase in crime, loss of wages, and threat to the stability of the family, but they are informed about, and sensitive to, trauma-related issues present in survivors."**

At The Center we saw multiple generations affected by trauma. Adults were at the shelter that had stayed as children. It's time to address the root causes and heal our clients and our community. Trauma Informed Care is a model that will allow us to do this.

* Traumainformedcareproject.org

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