

Locations

For more information about services offered at The Center for Women and Families, please call any of our locations or visit www.thecenteronline.org.

Toll-free 24 Hour Crisis Line:
(877) 803-7577

KENTUCKY

Joan E. Thomas, M.D. Campus

Open 24 Hours
P.O. Box 2048
Louisville, KY 40201-2048
(502) 581-7200 Business
(502) 581-7222 24 Hours

West Louisville Campus

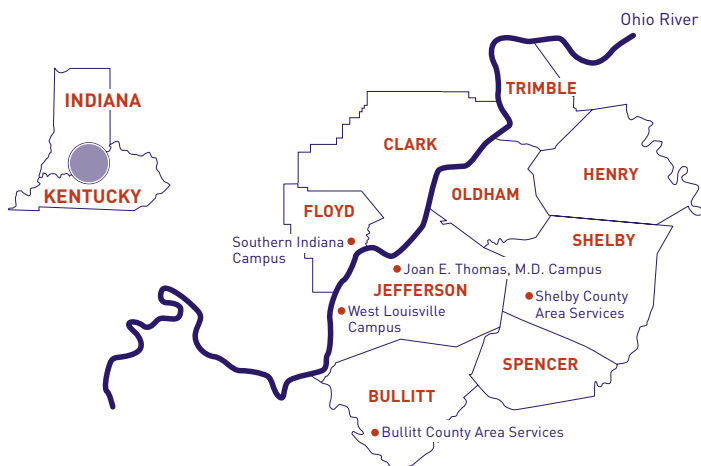
4303 West Broadway
Louisville, KY 40211-3122
(502) 775-6408

Shelby County Area Services

Call for location
(502) 633-7800

Bullitt County Area Services

Call for location
(502) 538-0212



THE
CENTER
FOR
WOMEN
AND
FAMILIES



Our services are funded in part by the following: Allstate Foundation: Education & Job Training Fund, Build-a-Bear Workshop Foundation, Catholic Health Initiatives, Community Foundation of Southern Indiana, Cracker Barrel Foundation, The Cralle Foundation, CSX Corporation, E-ON U.S. Foundation, Gannett Foundation, General Electric, GE Employee Community Fund, General Mills Foundation, Harrison County Community Foundation, Home Depot, Honorable Order of Kentucky Colonels, Horseshoe Foundation of Floyd County, Indiana Criminal Justice Institute, Indiana Housing and Community Development Authority, Kentucky Association of Sexual Assault Programs, Kentucky Bar Association, Kentucky Domestic Violence Association, Kentucky Justice & Public Safety Cabinet, Kosair Charities, Kentucky Housing Corporation, LEGO Children's Fund, Louisville Bar Foundation, Louisville Metro Council, Louisville Metro Dept. of Health and Wellness, Macy's, Metro United Way, Office of the Attorney General-Kentucky, Old National Bank, PNC Bank, Ray Solem Foundation, Sisters of Charity of Nazareth, UPS, U.S. Department of Health and Human Services, U.S. Department of Housing and Urban Development, U.S. Department of Justice, Verizon Wireless, William E. Barth Foundation and Younger Women's Club of Louisville. **Please review our most recent Annual Report at www.thecenteronline.org for a complete list of funders.**



Helping Survivors Since 1912

OUR *History* IN BRIEF

The Center for Women and Families opened our doors in 1912. Originally part of the YWCA, today The Center is a private nonprofit organization serving survivors of intimate partner abuse and sexual violence in ten Kentuckiana counties. The Center has established a national reputation for providing high-quality services and innovative programming to help survivors, their families and our communities.



One in four women will be the victim of intimate partner abuse. **Every two minutes** someone is sexually assaulted in the United States.

- 1912** Opens small one room office in downtown Louisville, Kentucky YWCA
- 1975** Begins rape crisis and creative employment programming
- 1977** Opens the first domestic violence shelter in Kentucky
- 1983** Establishes services in New Albany, Indiana
- 1988** Moves shelter to a more secure location in downtown Louisville
- 1989** Incorporates as a private nonprofit organization
Opens office in Shelbyville, Kentucky
- 1998** Begins providing transitional housing at West Louisville Campus
- 1999** Dedicates new Southern Indiana Campus
- 2000** Launches endowment and capital campaign to fund new campus and expansion of services
- 2005** Dedicates Joan E. Thomas, M.D. Campus on Second Street in downtown Louisville
- 2007** Opens region's only community-based Sexual Assault Nurse Examiner (SANE) Clinic
- 2009** Opens office in Shepherdsville, Kentucky

OUR *Facilities*

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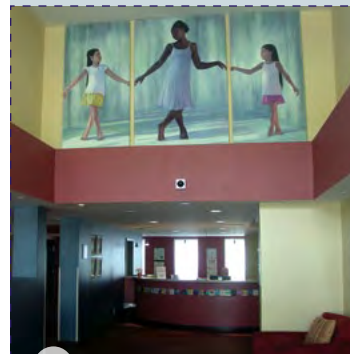
The Center operates six regional office locations, three of which provide emergency shelter, transitional housing and long term housing options.

The Center's **Joan E. Thomas, M.D. Campus** (1, below) provides residential and non-residential services for survivors of intimate partner abuse or sexual violence. This campus offers emergency shelter for individuals and families in addition to The Center's Economic Success & Housing services, Kentucky crisis line, regional administration offices and the area's only Sexual Assault Nurse Examiner (SANE) Clinic.

Located in Floyd County, The Center's **Southern Indiana Campus** (2) has provided emergency shelter, transitional housing and non-residential services for survivors of intimate partner abuse and sexual violence in Floyd and Clark counties since 1999. It also operates the Indiana crisis line. An additional Southern Indiana office location is located in Corydon, and serves all of Harrison county.

The Center's **West Louisville Campus** (3), based in a Classical Revival building, provides safe, stable housing and support services to nine individuals or families working to establish violence-free homes of their own.

The Center also provides supportive services at regional locations in Bullitt, Henry, Oldham, Shelby, Spencer and Trimble counties in Kentucky.



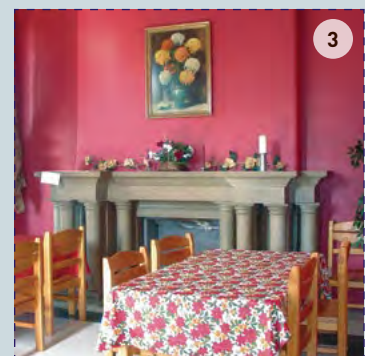
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OUR SERVICES

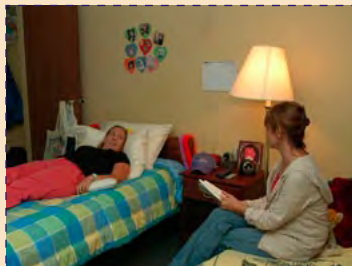
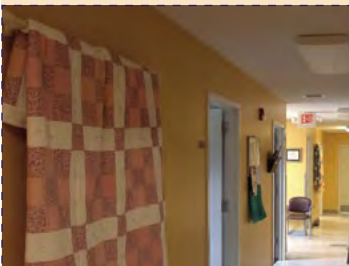
Find the Strength Within

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Some of our clients arrive at The Center with nothing but the clothes on their backs and a few precious possessions. Emergency shelter is a critical first step to healing for many survivors of intimate partner abuse or sexual violence.



The Center's residential facilities provide safe, temporary haven. During the first few days of their stay, we provide clients with comfortable beds, warm meals, clean clothes, crisis counseling and safety planning. Our Family Advocates help residents plan their unique journeys of healing and offer ongoing support.



The Center's Southern Indiana Campus (top left) and spaces for living, healing and playing at the Joan E. Thomas, M.D. Campus.



Photo by Bill Sheets Photography

We also offer a variety of assistance to individuals and families who don't actually live in our shelter—we refer to these as "non-residential" services.

Advocates provide support for survivors of sexual assault or domestic violence at area hospitals or during court proceedings, and Crisis Counselors are available 24 hours a day. Survivors of sexual assault may visit our Sexual Assault Nurse Examiner (SANE) Clinic for an exam or information. Our therapists treat survivors days, weeks, months or even years after the abuse or assault has happened.

Photo by Bill Sheets Photography

More Than a Shelter

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The Center's residential and non-residential services for survivors of intimate partner abuse or sexual assault include:

- › Hospital advocacy
- › Legal advocacy
- › Safety planning
- › Individual counseling
- › Case Management
- › Sexual Assault Nurse Examiner (SANE) Clinic
- › Support groups
- › Children's advocacy
- › Transportation assistance
- › Information and referrals
- › Economic Success & Housing services
- › Medical advocacy
- › Therapy and art therapy



Photo by Dawghaus Photography

Our innovative approach to advocacy is strengthened by specialty staff committees dedicated to improving services for populations with unique needs including men, immigrants and clients who identify as gay, lesbian, bisexual or transgender.

Partnerships with regional organizations have also allowed us to focus on a variety of client needs. *Ride to Safety*, for example, is a collaborative response with Transit Authority of River City (TARC), which offers those fleeing intimate partner violence a free ride to The Center on any TARC bus. Our *Safe Haven* partnership with Kentucky Humane Society provides fostering locations for beloved family pets while clients stay in one of our shelter facilities.

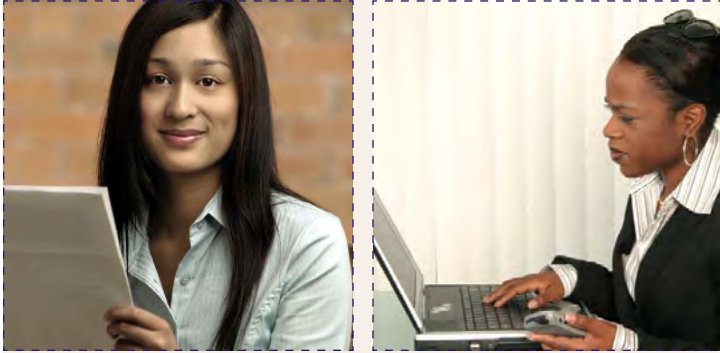


Healing may not be so much about getting better, as about letting go of everything that isn't you—all of the expectations, all of the beliefs—and becoming who you are. *Rachel Naomi Remen*

Economic Success

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Since 1975, The Center's Economic Success & Housing counselors have been helping individuals identify strengths, anticipate barriers and develop strategies for economic self-sufficiency.



Our counselors work one-on-one with clients to help them manage debts, increase assets, create budgets and set savings goals. The Center also collaborates with many local and national organizations to be sure we're most effective in helping individuals and families achieve economic stability.

Some survivors face a lack of safe long-term housing options so The Center also offers transitional housing or long-term housing counseling options at all of our residential facilities.



The Center's Economic Success & Housing services, including counseling and financial literacy workshops, are open to all qualifying participants.

Our Economic Success & Housing services include:

- › Budgeting
- › Job search support
- › Housing support
- › Resource rooms
- › Individual Development Account (IDA) programs
- › Economic Literacy Outreach Project
- › Economic Success & Housing workshops

Children's Services

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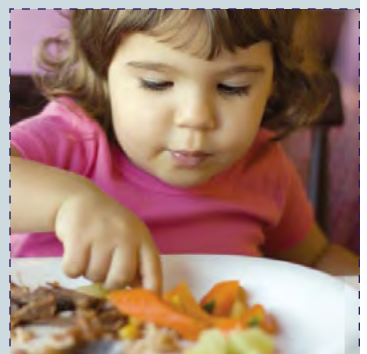
At any given time, almost half of our residential clients are children.

Research shows that children exposed to domestic, sexual or emotional violence are at increased risk for substance abuse, school delinquency and other challenges. But studies also remind us that children are resilient. They can overcome the effects of abuse with safety, nurturing and encouragement provided at The Center for Women and Families.

Children's services include:

- › Art activities
- › Age appropriate play spaces and playgrounds
- › Safety planning
- › Healthy meals
- › Field trips
- › Tutoring
- › Counseling

Photo by Bill Sheets Photography



Staff & Volunteers

More than 85 dedicated employees and almost 200 volunteers ensure The Center's services are provided every hour of the day, every day of the year throughout our ten county service area.

The Center's counselors, advocates, therapists and educators receive certification from the Kentucky Domestic Violence Association, Kentucky Association of Sexual Assault Programs, Indiana Coalition Against Domestic Violence and Indiana Coalition Against Sexual Assault as needed. Volunteers undergo a rigorous 40-hour training to prepare them to help clients and staff.



Photo by Dawghaus Photography

Fund development, grants management, facilities, communications, human resources, technology and other professionals provide management of regional administrative functions. A governing Board of Directors comprised of regional community leaders contributes its time and talent to oversight of The Center's mission, funds and services.



The Center for Women and Families is an equal opportunity employer. Its policies, procedures, programs and services are administered to ensure neither employees, applicants nor clients are subjected to discrimination on the basis of race, color, national origin, sex, religion, age, sexual preference, gender identity, familial status, pregnancy or disability.

Additional Services

24 HOUR CRISIS LINE (877) 803-7577

The Center receives more than 15,000 calls to our toll-free crisis line each year. Survivors and their loved ones may call 24 hours a day, every day of the year with questions or concerns.

LOUISVILLE SANE CLINIC

Provided in partnership with University Hospital and Louisville SANE/SART.

The Louisville Sexual Assault Nurse Examiner (SANE) Clinic is our

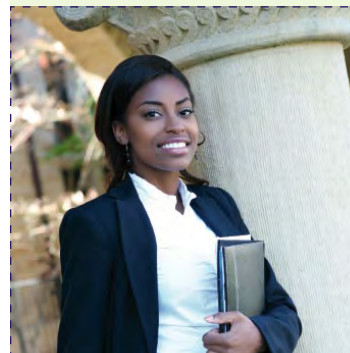
region's only community-based clinic of its kind. It offers immediate, confidential services in the heart of the Joan E. Thomas, M.D. Campus. All services are provided by a Registered Nurse who has completed specialized forensic training in the care and treatment of male and female sexual assault victims over age 14.



LEGAL ADVOCACY SERVICES

The Center's Legal Advocates attend court hearings to offer survivors of intimate partner abuse or sexual violence direct support. They also accompany police officers responding to emergency calls and follow up with

survivors after domestic violence or sexual assault has been reported. Advocates regularly engage courthouses, police departments and law offices to offer information about The Center's legal services.

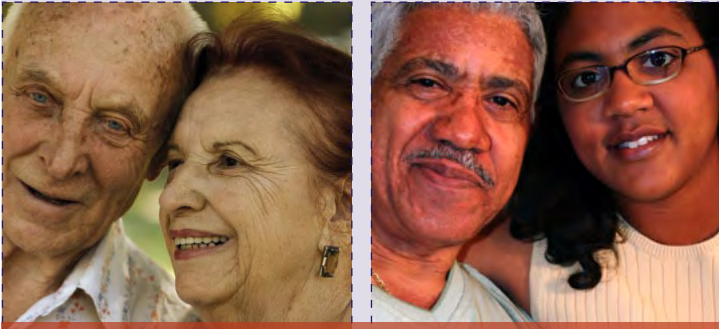


COMMUNITY EDUCATION AND TRAINING

Each year, The Center's Community Education & Professional Training team visits thousands of individuals throughout the region. They offer programs intended to build awareness about our services, dispel common myths, increase public knowledge, enhance professional skills and provide a framework for prevention. Healthcare providers, police officers, faith-leaders, workplace teams and students of all ages have participated in education sessions and trainings.

SUPPORT *The Center*

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How wonderful it is that nobody need wait a single moment before starting to improve the world.
Anne Frank

MAKE A DIFFERENCE

There are many ways to support our mission.
Thanks for being part of the solution!

- Make an online donation: www.thecenteronline.org.
- Adopt a shelter room with your family, friends or employer.
- Deliver gently used items on behalf of The Center to your nearest Goodwill location.
- Attend Celebration of Service and Survival, our largest annual fundraising event.

For more information about ways you can help, visit www.thecenteronline.org or call us at (502) 581-7200.

RAISE YOUR HAND—BECOME A VOLUNTEER

Whether volunteers are making hospital runs, monitoring court proceedings, tutoring children or providing administrative help, they are at the heart of The Center's mission and services.



Contact us for more information about becoming a volunteer: info@cwfempower.org or (502) 581-7230.

VISIT THE CENTER AND LEARN MORE

Schedule a visit at one of our regional locations: (502) 581-7253 or charity.stark@cwfempower.org.

OUR *Mission*

The Center for Women and Families helps victims of intimate partner abuse or sexual violence to become survivors through supportive services, community education and cooperative partnerships that foster hope, promote self-sufficiency and rebuild lives.



24 Hour Toll-free Crisis Line: (877) 803-7577

www.thecenteronline.org

Visit our website to get more information about our services and facilities, find out how you can get involved with The Center or sign up for our monthly e-newsletter.

FIND US ON

Facebook, Twitter, Flickr and YouTube @thecenteronline.

