



THE
CENTER
FOR
WOMEN
AND
FAMILIES

THE *strength* WITHIN

The Center for Women and Families

Quarterly Newsletter

SUMMER 2008

“Some think of The Center as just a Louisville organization, but we’ve truly been serving thirteen other Kentucky and Indiana counties for more than 20 years.”

COMING TOGETHER
Our Indiana Services

BRIDGING THE MISSION
Partnerships throughout
Kentucky

INSIDE:
Photos from Celebration of
Service & Survival

Photo by Matt Jolley

WHAT'S INSIDE

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Partnerships throughout Kentucky

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People donating their time, energy and talents to The Center

Back cover: Champions 4 Her
Pick up the pace, Louisville!

The Center operates four locations in Southern Indiana. Our offices in Corydon, Marengo and Scottsburg provide nonresidential support and advocacy. In addition to these services, our Floyd County location is a residential facility providing emergency shelter and transitional housing. A local Southern Indiana crisis line is answered 24-hours a day, every day of the year. Our Southern Indiana team is featured here with Rebecca Jetton, Director of Indiana Services (third from left in the back row).

Featured on the cover: The Sherman Minton Bridge connecting the west side of Louisville, Kentucky to downtown New Albany, Indiana.

Walk of Caring

The community donated bricks to pave the path to our Southern Indiana shelter.



Letter FROM THE PRESIDENT / CEO



Denise Vazquez Troutman

Last month people on both sides of the Ohio River celebrated the 134th Kentucky Derby Festival. For these few weeks we were one vast region spanning two states nestled on both sides of the river coming together for the fastest two minutes in sports.

The Center for Women and Families serves this same vast region—from Washington County, Indiana to Trimble County, Kentucky. Our organization is united every day in one sound mission: to eliminate domestic violence, sexual violence and economic hardship.

One in three women will be the victim of domestic violence and one in six women will be the victim of sexual assault. Unfortunately, these statistics are true on both sides of the river. Some think of The Center as just a Louisville organization, but we've truly been serving thirteen other Kentucky and Indiana counties for more than 20 years. Joined in the same mission, a total of nine Family Advocates, three Crisis Counselors, two Community Educators, two supervisors and a seasoned director work from our Shelbyville, Marengo, Scottsburg, Corydon and New Albany locations to tackle unique challenges.

Lack of reporting or underreporting are common in all communities, but sometimes even more so in smaller towns. Confidentiality challenges are compounded by those same barriers faced in urban communities: fear, isolation and financial control to name just a few. Even when a victim finds the strength within to seek help, the nearest shelter is often hours away from her family and friends. Escaping the abuse would mean leaving a support system behind, relocating children in new schools and starting over in a place much unlike home.

Although relationships with law enforcement, medical providers, housing services and faith communities are vital in every community, they are even more important in communities outside the metro area. The Center's Family Advocates and Community Educators work together to create a network of professionals and community leaders that understands the dynamics of abuse, honors the healing journey and helps victims become survivors.

Our partnerships in these communities—many featured in this publication—are a reminder that we cannot do this work alone. There are so many ways to join us in our mission. Contribute your time as a volunteer, insist that your child's school invite our Community Educators to provide programming, include our crisis line number in your faith bulletin, and **please remember our fiscal year ends on June 30**. As federal funding decreases, The Center relies more on the financial generosity of the whole Kentuckiana community to sustain services throughout our 14 county service area.

It took only two minutes to crown a winner last month. Take two minutes now to think about how you can make a difference. Together, we can end the violence in all of our Kentuckiana hometowns.

In peace,

OUR MISSION

The Center for Women and Families engages individuals and community in the elimination of domestic violence, sexual violence and economic hardship through service, education and advocacy.

IN THE NEWS: RESTORING HOPE

The Clarion News, a newspaper covering communities in the Hoosier Hills counties of Floyd, Harrison, Washington and Dubois, recently published a cover story about The Center for Women and Families services in Corydon and Crawford, Indiana.

It featured an interview with Jennifer Gilleo, a Southern Indiana Family Advocate, and Lisa McSpadden, Supervisor of Indiana Outreach Services. The article provided basic information about our organization, but it also examined less talked about issues like sexual assault, economic abuse and stalking.

“She’ll show up at a hospital at 3 a.m. or in a court house at 9 a.m. She goes wherever, whenever she’s needed.”

From The Clarion News, “Restoring Lives, Families,” in the Wednesday, January 2 issue.

“Advancing technology has created new challenges,” Gilleo says in the article. “Harassment using text messaging and e-mail is common now, and we’re learning more about how to help victims.”

“We have two-bedroom apartments available in the area,” McSpadden adds. “Women and their children can stay there from nine months to two years. That helps them on the road to becoming self-sufficient.”

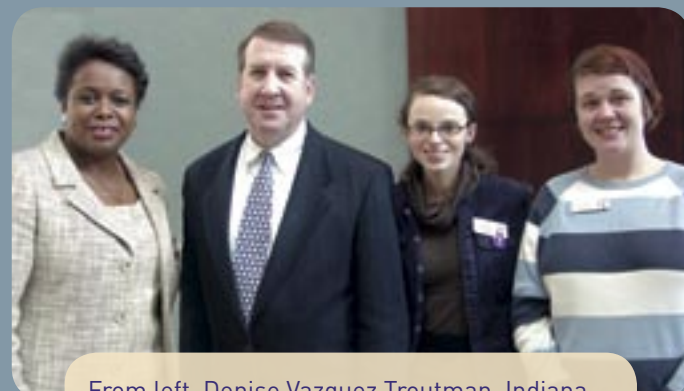
The Center’s Southern Indiana campus in Floyd County.



CONCERNING CONFIDENTIALITY

The Center for Women and Families joined Steve Carter, Indiana Attorney General, at Clark Memorial Hospital for a recent press conference to announce Indiana’s Address Confidentiality Program.

The program allows individuals with protective orders who are victims of domestic violence to maintain a confidential address through the attorney general’s office. It is not witness protection—nor is it a total guarantee of safety. It is simply one thing victims of domestic violence can do to help take their lives back. Victims in our region must be referred to the program by trained advocates with organizations like ours or from regional hospitals.



From left, Denise Vazquez Troutman, Indiana Attorney General Steve Carter, Amanda Houpt and Jessie Haywood, Community Educators at The Center.

THE RIPPLE EFFECT

The Center for Women and Families recently launched the Ripple Effect, one of our newest education programs in Scott County, Indiana. The unique program uses the home-based sales model popularized by companies like Tupperware and Pampered Chef to encourage adults to learn more about issues that youth in their lives face every day. Topics include bullying, healthy relationships, dating violence and substance abuse.



The Giveaway, a local newspaper, and the Scott County Chamber of Commerce began the ripple by informing the public about the project. Soon, two community members had stepped up to become the first Ripple Effect hosts. The Center provided them with invitations to mail, a detailed facilitator guide full of tips and talking points, and participant folders for every guest who attended. Every step along the way, a Community Educator helped them prepare to host the program.



The Ripple Effect needs the community’s help to be successful. Call Jessie at 812.944.6743 to keep the ripple going.

WALK A MILE IN HER SHOES®



On a rainy Saturday morning in April, more than 20 Indiana men slipped on red high-heel shoes and walked around Lake Iola in Scottsburg to protest sexual assault and support

The Center for Women and Families. The event, organized during Indiana Sexual Assault Awareness Month, is a part of a prevention effort called Walk a Mile in Her Shoes®: The International Men’s March to Stop Rape, Sexual Assault and Gender Violence.

Two student board members of United Way of Scott County, Becca Hough of Austin High School and Brooke Routh of Scottsburg High School, led the event

planning efforts. Educators, law enforcement officers, elected officials and students

Above: Austin Mayor Scott Campbell and Scottsburg Mayor William Graham participated.
Below: Mayor Graham takes a rest.

participated, and Scottsburg High School’s student band The Flew performed. The event raised \$2,000 to support victim services in Southern Indiana.

“The event recognizes men who already understand and support our mission,” says Denise Vazquez Troutman, President/CEO. “At the same time, it encourages young men to become a part of the solution to ending violence against women.”

For more information about organizing a similar event to benefit The Center for Women and Families, visit www.thecenteronline.org or call 502.581.7200.



Bridging

THE MISSION

INNOVATIVE PROGRAM AWARD Nurses Exchanging Training for Service

The Kentucky Association of Sexual Assault Programs (KASAP) recently recognized The Center's innovative partnership with the IUS Division of Nursing and Galen College of Nursing. The Nurses Exchanging Training for Service program provides intensive skills-building training to nursing students. In turn, these specially trained medical professionals volunteer to provide childcare and on-call hospital response that augments our personnel.

Raise Your Hand. Become a volunteer. Your time and talent helps. Call Janet at 502.581.7268 to learn more.



The Center's Janet Sonner, Volunteer Manager, and Jean Russell, Vice President, accept KASAP's Innovative Program Award from Steve Nunn, Deputy Secretary of the Cabinet for Health and Human Services.

BIKES & BOY SCOUTS

Boy Scout Troop 644 has been helping The Center for Women and Families in Shelbyville for many years. Brenda Burgin, the mother of two of the scouts, explains the service partnership began with education.

"For some reason, the boys thought only women and girls were affected by domestic violence. Their eyes were really opened when they learned that boys the same age as them were victims too."

The troop usually made Easter baskets and holiday stockings for The Center's young clients, but this year they wanted to do more. They wanted every child to have a bicycle when they moved to a new, safe home. The boys began collecting bicycles here and there, but it was going more slowly than they had hoped. Then one of the boys remembered that many stolen bicycles recovered by police officers go unclaimed.

Pat Hargadon, the Assistant Scout Leader, spoke to the Chief of Police, who told Mayor Hardesty about the idea. Everyone thought it was a great plan, and soon the scouts had almost 60 bicycles!

They were determined to make each of them like new again. Some were in good shape, but others needed a lot of work. They decided the more rundown bicycles would be used for spare parts and began repairing the bicycles one at a time. After more than two months of hard work and dedication, the scouts were able to donate almost 20 like new bicycles to our Shelbyville Office.

"The Scouts really enjoyed this service project," Burgin says. "It wasn't something they had to do, it was something they wanted to do."

The Center's Jean Russell, Vice President, and Susan Selby, Supervisor of Kentucky Nonresidential Programs, join Mayor Hardesty, Chief Shutte and Boy Scout Troop 644: (from left) Cameron Burgin, Patrick Hargadon, Reece Hatter, Nathen Hayes, Chris Carroll, Rev. Victor Brady and Scout Master Robert Riley. (back row) Steve Hatter, Sam Riley, Devin Hayes, Ben Hatter, Chancing Burgin and Ricky Hayes, Boy Scout Committee Chair.



The Center's Shelbyville, Kentucky office provides supportive services to six Kentucky counties: Shelby, Bullitt, Trimble, Oldham, Henry and Spencer.

HENRY COUNTY CARES

The Center for Women and Families is proud to be a part of the Henry County CARE (Countywide Action Reachout Effort) Team, a coalition of social service agencies, faith communities, local businesses, law enforcement, school personnel, government associates, parents and impassioned citizens working together to build a stronger Henry County, Kentucky.



Henry County CARE Team Countywide Action Reachout Effort, Inc. Building Stronger Families

Individuals on the CARE Team start from the heart and transform individual acts of kindness into community-wide ones that impact the lives of local families.

The coalition publishes a regular column in the *Henry County Local* called The CARE Team Connection. This year the coalition dedicated the October and March column to articles written by Denise Vazquez Troutman, the President/CEO of The Center for Women and Families.

KENTUCKY ORGANIZES KNOW MORE CAMPAIGN



Amanda Houpt, Community Educator and Trainer with The Center for Women and Families, recently served on the statewide Sexual Assault Awareness Month (SAAM) planning committee coordinated by the Kentucky Association of Sexual Assault Programs.

Bringing together peers representing organizations throughout the Commonwealth, the committee met for months to plan an awareness campaign to honor survivors, recognize partners and for an end to sexual violence. They chose the theme **know MORE** for this year's activities.

"The theme was chosen because it speaks to the important role education plays in the prevention of sexual assault," explains Houpt.

After many months of planning, the committee welcomed hundreds of supporters on February 28 at the Capitol Rotunda for Kentucky Governor Steve Beshear's proclamation designating March Sexual Assault Awareness Month in the Commonwealth.

More than 1,000 people participated in one of our local SAAM activities called Denim Day. See photos on page 10, and visit www.thecenteronline.org to learn more.



TO HONOR AND REMEMBER

IN HONOR OF

Scott H. Anderson
Linda C. Anderson

Sheldon Berman
Jefferson County High
School Principals

Melissa Bernstorm
Elizabeth M. Bernstorm

The Morton Boyd Family
Carol R. Tway

Lewis Tilman Bucy
Bettelu B. LaDuke

Anne Burdorf
Catherine B. Hill

Richard Burke
Carol R. Tway

Robert Burke
Carol R. Tway

Joe Burks
Jefferson County High
School Principals

Kathy Cottner
Amanda Cottner

Mary Anne Davis
Paul F. Vissman

Joan Daunhauer
Gregory F. Daunhauer

Jane and Ralph Denham
Kittie K. Eubank

Gerard Eifler
Carol R. Tway

Doug and Rachel Goldstein
Floyd Benner

Margaret Gruetzemacher
Neil Mellen

Jessy Haywood
Donald Branham
Business and Professional
Women's Organization/
New Albany

L. Eugene Johnson
Carol R. Tway

Marty Kute
Norah Kute

Ann McMahan
Bonnie Tuggle
Barb Gritton
Debbie J. Holloway
Dee Anna Oliver
Jane B. Knapp
Susan Kidwell
Terri McCarty

Ron J. Murphy
Terry G. Fenwick

Mary Ann Neff
Susan Rosen

Rick and Gail Ream
Beverly Abraham

Tamara Reif
Council on Prevention and
Education Substances
(COPES)

JoAnn Rowan
Susan Daughtrey
Endside Christian Church
Lynn Evans

William SchAAF
Carol R. Tway

Dr. C. Schrepman
Sheryl C. Yoffe

Brian Shumate
Jefferson County High
School Principals

Mrs. John Sway
Carol R. Tway

Carrie Sweeney
Betty Jane Davey

Carla Thomas
Jan P. Beare

Thomas Tichenor
Carol R. Tway

Denise Vazquez Troutman
Bill Smock
Business & Professional
Women's Club/
Kentucky River City

Baby Boy Walsh
Ann & William Walsh

IN MEMORY OF

Karla Allen
Rose Allen

Tonia Ballard
Martha H. Thompson
Norah Kute

Annetta Bell
Everlener King

Beth Anderson Cahill
Sara Anderson

Laura Cacho
Cornelius P. Cacho
Denise Troutman

Josephine "Jo" Fletcher
Nora Cole

Franklin Jones, Sr.
Johnnie Jones
Jo Ann Moore
Veronica Eastridge
Barbara Gentry
Donna M. McHugh

Arene Moore
Everlener King

Frank Mattox
Alice Bower
Anonymous
Bill C. Hudson
Daniel B. Burke
Janet C. Sullivan
K.G. Lewis
Katrin R. Ohlemacher
Lorch & Naville, LLC
Marjorie Banet
Mary Seger
Nancy E. Otte
Paula Robinson
PNC Wealth Management
Ruth Mattox
Scott, Jefferson, Clark
District Council
South Central
District Council
Indiana State Teachers
Association
Steve Holloway
Stites & Harbison
Susan L. Orth

Nancy Whittsett McDill
Anne Burdorf

Robert Mercke
Carol R. Tway

Brooke Miller
Linda K. Bledsoe

Pauncho Morgan
Betty Morgan
Louise K. Pumpelly

Beth Severs
Charles B. Severs

Matthew Totten
Joan Lenahan

Mia Zapata
Michael G. Peskura



Looking Forward

Shirley Rivoli with Group Nine and Casey Wilson with Republic Bank will co-chair the 22nd Anniversary Celebration of Service & Survival.

Nominate a Woman of Distinction

Empowered, resourceful, limitless, a force for change. Do you know a woman who embodies these characteristics?

Visit www.thecenteronline.org or call Lydia at 502.581.7207 for a nomination form.



Representative John Yarmuth and Governor Steve Beshear and First Lady Jane Beshear couldn't attend the event, but congratulated the honorees and welcomed attendees via pre-taped remarks.

From left: Cathy Zion; Denise Spratt, Michelle Yeager accepting the award for her mother, the late Dr. Lillian Yeager; Julie Hermann; and Carol Butler



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Plus dozens of Leadership, Trustee and Center Circle sponsors and hundreds of auction donors including

Woodward, Hobson & Fulton, L.L.P., proud to be
The Center's Charitable Partner for this year.



Here to Help



This past winter, Terry Johnston's **Jeffersontown Elementary** class learned about community service by collecting mittens, scarves and ear muffs for kids living in shelter.

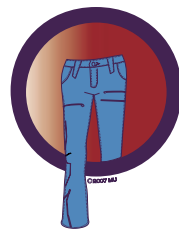


Employees of **General Mills** in New Albany stopped by our Southern Indiana shelter to present a donation from their foundation in support of our organization.

More than 100 **Target** employees painted common areas at our Joan E. Thomas, M.D. Campus and Southern Indiana Campus on Martin Luther King Jr. Day of Service.



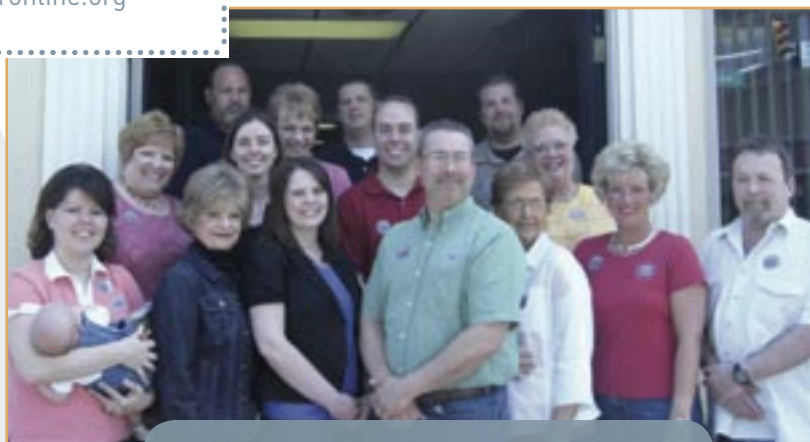
Denim Day



On March 18 and April 22, more than 1,200 people participated in Kentuckiana's first Denim Days to step toward prevention during Kentuckiana's Sexual Assault Awareness Months. Learn more about the origins of Denim Day at www.thecenteronline.org



Our friends at **Creative Alliance**, flanked by board member Toni Clem at right, dressed down to participate in Kentucky Denim Day.



Above: Mary Lou Heinz was the Indiana Denim Day Leader for **H&H Systems & Design, Inc.**

Left: Our staff at the Joan E. Thomas M.D. Campus wore jeans on Kentucky Denim Day March 22.



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Lewis Cole



Owsley Brown Frazier recently made a significant contribution to support the refurbishment of our West Louisville Campus. Mr. Frazier chose to support the project because he believes the campus gives strength to the West End that would be absent otherwise.

"I know in my heart that The Center for Women and Families West Louisville Campus provides a needed area of assistance for these women," says Mr. Frazier.

The Center, under the auspices of the YWCA, purchased the Classical Revival style building at 4303 West Broadway in 1961, but it wasn't transformed into a transitional housing facility until capital funding was received in 1998. Today the campus provides safe, stable housing and support services to nine families working to establish violence-free homes of their own.

* as of April 11, 2008

News AND HAPPENINGS

June 21

Champions 4 Her Walk, Run & Festival Waterfront Park



The Center for Women and Families is proud to be one of ten beneficiary partners of the inaugural Champions 4 Her Walk, Run & Festival.

Visit www.champions4her.org to register online, and be sure to designate The Center for Women and Families as the recipient of your contribution.

June 30

End of Our Fiscal Year

Your donation helps us continue to provide promising solutions to domestic and sexual violence in our community. A remittance envelope is included for your convenience, or visit our website at www.thecenteronline.org and click on the **Donate Now** button to give a donation online.

All Summer

Feed Your Healthy Relationship

An awareness and fundraising campaign coordinated in partnership with local restaurants, coffee shops, grocery stores and fitness centers.

Proceeds directly benefit victims and survivors of abuse living here in our Kentuckiana community.

Call Lydia Prichard, Director of Development, at 502.581.7207 to learn more about events and activities benefitting The Center.

VISIT US AT WWW.THECENTERONLINE.ORG



THE
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can be directed to 502.581.7206

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TOLL FREE
877.803.7577

VICTIMS MAY CALL COLLECT
502.581.7222 or 812.944.6743
502.581.7242 TDD

ECONOMIC SUCCESS PROGRAM
502.581.7200

KENTUCKY OFFICES
Joan E. Thomas, M.D. Campus
502.581.7200

Shelbyville Office
502.633.7800

Bullitt County Services
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