



THE
CENTER
FOR
WOMEN
AND
FAMILIES

THE *strength* WITHIN
WINTER/SPRING 2007



**INSIDE THE
SANE CLINIC**

**CELEBRATION OF
SERVICE & SURVIVAL**

THE 2007 WOMEN OF DISTINCTION

**MARCH & APRIL ARE SEXUAL
ASSAULT AWARENESS MONTHS**

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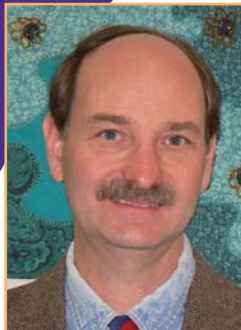
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**as of January 1, 2007*



Dr. William S. Smock
*University Hospital
Emergency Department Physician*

COMMUNITY SPOTLIGHT: DR. BILL SMOCK

Dr. William S. Smock's vision for a safe and compassionate place for victims of rape/sexual assault has propelled the University of Louisville Sexual Assault Nurse Examiner (SANE) program from the hospital to the community.

Dr. Smock is Professor and Co-division Chief in the Division of Protective Medicine, Department of Emergency Medicine at the University of Louisville School of Medicine. He is the Police Surgeon for the Louisville Metro Police Department and Tactical Physician for the following: Floyd County Sheriff's Department, Kentucky FBI SWAT Team, United States Marshals Service and the Federal Protective Service.

A staunch advocate for victims of sexual violence, Dr. Smock has dedicated more than seven years of personal and professional energy to ensure a SANE Clinic would be a part of The Center's Joan E. Thomas, M.D. Campus.

WHY IS THIS COVER TEAL?

Teal is the color of sexual assault awareness. Kentucky recognizes Sexual Assault Awareness Month (SAAM) in March and Indiana recognizes it in April. Since The Center provides services in both states, we recognize SAAM for two full months.

Featured on the cover: At left, Farrah Guerrant, RN, BSN, BA, SANE is the SANE/SART Coordinator for the Louisville SANE program. Jennifer McMinn, LCSW is The Center for Women and Families' Director of Nonresidential Services.

Letter FROM THE PRESIDENT/CEO

My first six months at The Center for Women and Families have gone by so quickly. So much has happened in such a short period of time. There have been some internal organizational changes, new board members have joined us, and our executive management team has undergone staffing changes too. Although change can often bring new challenges and anxiety, I am constantly reminded it is in the midst of change that we grow. These ideas of “new” and “change” have brought our organization renewed energy, excitement and buzz. Still, at the end of each day, the focus remains the same: serving and empowering survivors of domestic violence, sexual violence and economic hardship. I am humbled that a day still never goes by for me without an “ah-ha” moment.

Ah-ha!

One in 6 women and 1 in 33 men will report being the victim of sexual violence in their lifetime. Even more startling, 1 in 4 women will be sexually assaulted on a college campus. Unfortunately, many do not know that we are a dual program facility serving victims of both domestic violence and sexual violence. The Center is the largest facility of its kind providing a comprehensive array of residential and nonresidential services in both Indiana and Kentucky.

The Center is so much more than a shelter.

For example, I was stunned to discover victims of sexual assault can wait in the hospital emergency room for two, four and sometimes even six hours before being seen by a doctor. Gun shot victims, dog bite victims and stroke victims are triaged immediately.

Still, she waits.

The Center believes that community partnerships and collaborations move us closer to the solutions for our biggest challenges. This is why I was so proud to be a part of the Sexual Assault Nurse Examiner (SANE) Clinic collaborative. The Louisville SANE Clinic will provide compassionate, timely care. Specially trained nurses will believe her story and let her know she is not alone. SANE Clinic patients will be immediately connected to The Center’s existing services, including shelter, therapy, counseling, parents/partner groups, survivor groups, art therapy and economic success programming.

The waiting is over.

When I think about the impact projects like the Louisville SANE Clinic are making in our community, I realize The Center has come such a long way from what was known as the Rape Relief Center in those early days. All of us here are standing on the shoulders of courageous, passionate and strong legacy women whose days working with the YWCA transformed us to The Center for Women and Families. This is why our 20th Anniversary Celebration of Service and Survival will honor six Women of Distinction who have made a significant impact on our mission to eliminate domestic and sexual violence in our community. These are legacy women who have changed our community.

The response to my first Letter from the President was so positive and supportive. It truly affirmed for me that this is where I am destined to make a difference in my new hometown. The Center’s history and reputation are sound and true. Your financial support is necessary for us to continue the important work we do each and every day. Together, we can.



Denise Vazquez Troutman
President/CEO

OUR MISSION

The Center for Women and Families engages individuals and community in the elimination of domestic violence, sexual violence and economic hardship through service, education and advocacy.

TO HONOR & REMEMBER

IN MEMORY OF

Mary E. Dettlinger

Compass Club of Louisville KY

Louis J. Herrmann

Robert C. Tway

Pauncho Morgan

Bettye J. Morgan

Johneva and Rozell Poignard

JoAnn P. Stikes

Bonnie Richterkessing

Bonnie Fisher

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RaShaan R. Willis

Mary Ann Kuerzi

IN HONOR OF

Mrs. Karina Barrillas

University of Louisville

Farrah Ferriell

Anonymous

Galilee Baptist Church

Silver Grove Neighborhood

Association, Inc

Mrs. Jean Frazier

Mr. and Mrs. Joseph M. Coogle

Ms. Mollie Mulloy

Ms. Mandy Kazee

Morgan Newman

*Ms. Karen Newman Ed, RN,
MSN, CNA*

Mr. Jared Radin

Ms. Sharon Radin

Mr. William L. Richards

Mr. John L. Richards

Ms. Alethea Victor

Home of the Innocents

In Honor of the Birthday of

Marilyn G. Bornstein

Dr. and Mrs. Norton G. Waterman

In Honor of the Birthday of

Mrs. Maxine Switow

Mr. and Mrs. Leonard Abraham

In Honor of the Marriage of

Mrs. and Mr. John Schrenk

Dr. and Mrs. Norton G. Waterman

*Honorariums and Memorial Gifts received
7-01-06 to 10-31-06*

Inside THE SANE CLINIC



Celebrating the opening of the SANE clinic: (left to right) Denise Vazquez Troutman, Jim Taylor (University Hospital President & CEO), Mayor Jerry Abramson, Dr. Bill Smock (ED Physician) and Farrah Guerrant (SANE Coordinator).

Every 2 1/2 minutes someone is sexually assaulted in the United States.

*- Statistics from RAINN
(Rape Abuse and Incest
National Network)*

Louisville's first community-based Sexual Assault Nurse Examiner (SANE) Clinic opened on November 9, 2006 at The Center for Women and Families. The Louisville SANE Clinic is fueled by a collaborative including The Center for Women and Families, The University of Louisville Hospital, Louisville Metro government and agencies comprising the Louisville Sexual Assault Response Team (SART).

"The SANE Clinic will serve as a critical lifeline for victims of sexual assault, providing them not only medical care, but also compassion, dignity, honor and confidence," said Mayor Jerry Abramson. "I congratulate The Center for Women and Families and all of the partners in the medical, law enforcement, justice and human services fields who have worked together to make this clinic a reality."

The clinic provides immediate, confidential, services for sexual assault victims. There will be no waiting in a hospital, and the services are provided by a Registered Nurse who has completed specialized training in the care and treatment of sexual assault victims. The clinic's location in the heart of The Center for Women and Families Joan E. Thomas, M.D. Campus will connect primary and secondary victims, such as parents and partners, to supportive counseling and advocacy services.

"This clinic represents a tremendous opportunity for community partnership in support of victims of sexual assault," said Dr. Bill Smock, the clinic's Medical Director and Professor of Emergency Medicine at the University of Louisville.

In Grand Rapids, Michigan, where a similar clinic operates from a local rape crisis center, victims requesting long-term counseling services increased from 10% to 50% after the clinic opened on its premises.

Denise Vazquez Troutman, President/CEO of The Center for Women and Families, anticipates a similar increase in counseling and therapy services. "Our staff and volunteers are prepared to meet the demand. This is an important community initiative that honors a victim's journey toward becoming a survivor."

The Louisville SANE clinic is currently staffed at 35% capacity. Partners plan for the clinic to be at 70% capacity soon. Funding and nurses are still needed for the project to reach full capacity.



SANE Benefits

- **A thorough medical/legal exam for every victim**
- **Law enforcement responds to the victim immediately**
- **Sexually transmitted infections treated and emergency contraception provided**
- **Shorter wait times**
- **A quieter, calmer environment**
- **One-on-one care**
- **More privacy and confidentiality**
- **A trained professional performs all exams**
- **An advocate will be there immediately so that victims will not be alone**
- **Immediately connected to The Center's services**

SANE Clinic Partners

- **The University of Louisville Hospital**
- **The University of Louisville Dept. of Emergency Medicine**
- **Kosair Children's Hospital, Pediatrics Dept.**
- **Tina Ward-Pugh, District 9**
- **Louisville Metro Police Dept., Special Victims Unit**
- **Louisville Metro Government**
- **Louisville-Jefferson County Crime Commission**
- **Kentucky State Police Crime Lab**
- **State Chief Medical Examiner's Office**
- **Kentucky Association of Sexual Assault Programs**
- **The University of Louisville PEACC Program**

It's Time

THESE STORIES
ARE TOLD

Since 1987, The Center for Women and Families has honored more than 110 Women of Distinction at its annual fundraising event called Celebration of Service.

This year marks the 20th anniversary of the event, and it promises to be memorable. The event's name has been changed to Celebration of Service & Survival to reflect why the event is so unique and important. After all, The Center pays tribute to these legacy women as a way to raise funds to support women and families experiencing crisis, healing and transition at The Center for Women and Families.

"The goal of this year's celebration is to honor the women who have made The Center for Women and Families what it is today," explains Denise Vazquez Troutman. "The evening promises to be new and fresh while still honoring the event's history and providing inspiration to everyone who attends."



20TH ANNIVERSARY CELEBRATION OF SERVICE & SURVIVAL

February 28, 2007

Galt House East • Grand Ballroom

5:00 p.m. Silent Auction Reception

6:30 p.m. Dinner & Program

Table Sponsorship (8 seats): \$1500
Individual seats: \$150

For more information: Call **581-7212** or visit
www.thecenteronline.org

2007 WOMEN OF DISTINCTION



Martha Layne Collins will be honored for being the first and only woman to be elected Governor of Kentucky. She served as Governor from 1983 through 1987, and chose economic development and education as those issues most important to the lives of all Kentuckians.



Cheryl Hillenburg will be honored for her tireless dedication to creating supportive systems and responses for rural victims of domestic violence and sexual assault. She co-founded Comfort House and was a driving force behind the first Sexual Assault Nurse Examiner (SANE) trainings in Southern Indiana.



Pam Johnson will be honored for her long-time employment with The Center for Women and Families. She was one of the first seven women hired for the YWCA's domestic violence program, and continued her history of advocacy and service to those in need at The Center's Joan E. Thomas, MD Campus.



Jessica Loving will be honored for her leadership role on the first Celebration of Service planning committee. She is past president and currently serves as a trustee member of The Center's Board of Directors. She is also a trustee of The University of Louisville and past chair of that board of trustees.



Charlotte Tharp will be honored for her many years of advocacy and her continued service to the community as Norton Healthcare's Vice President of Mission and Outreach. She was the first female department head at WHAS, Inc. and first woman on the Kentucky Broadcasters Association Board, and remains an integral force in breaking down barriers for area women.



Marsha Weinstein will be honored for her advocacy on behalf of women convicted of killing or assaulting the men who had abused them. A dedicated women's history proponent, she believes girls grow into empowered women when they know the stories of strong women who have come before them.

Presenting Sponsor:



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News AND HAPPENINGS

AT THE CENTER FOR WOMEN AND FAMILIES



MARCH & APRIL ARE SEXUAL ASSAULT AWARENESS MONTHS

During March & April, individuals and organizations throughout Kentuckiana will use their voices to observe Sexual Assault Awareness Month. Please join us in raising awareness about the crime of sexual assault and services available in our community by participating in A Minute Without Silence. Visit www.thecenteronline.org for details. Get your friends, family and workplace involved.

MARCH 8 IS INTERNATIONAL WOMEN'S DAY

Since its inception in 1908, International Women's Day celebrates women's equality across the globe and encourages women everywhere to continue to break gender barriers. Please take this day to participate in the many planned area activities.

THURSDAYS IN BLACK

It's easy to raise awareness about sexual assault and identify yourself as someone committed to its elimination—just wear black on Thursdays in March and April. Start a Thursdays in Black campaign at your workplace, school, community center or place of worship. Printable posters and information are available at www.thecenteronline.org.

“We support
THE CENTER
by attending Celebration
of Service & Survival.”

Nolen & Maydie Allen
Louisville



President Denise Vazquez Troutman (right) with Neva Bast from Norton Healthcare. Neva and Norton Healthcare colleagues were instrumental in collecting gifts for the Moms & Kids Shops.

THANK YOU

Due to the generosity of volunteers, donors and the Kentuckiana community, The Center was able to provide gifts for 250 families at our Moms & Kids Shops during the holidays. The "stores," which are housed at The Center, allow mothers to choose gifts for their children and children to shop for their moms.

When local media outlets took notice of a gift shortage, they covered the story in print and on television. The public's reaction was clear by the huge increase in donations that began arriving at the front door. The support from our community allowed survivors of violence to have a holiday season made a bit easier. Thanks to all who answered The Center's pleas.

YOUR FINANCIAL SUPPORT OF THE CENTER MAKES A DIFFERENCE.

A remittance envelope is enclosed in this newsletter for your convenience.

To VOLUNTEER call Janet at 581-7268.
To ADOPT-A-ROOM call Dale at 581-7207.

VISIT US ONLINE AT: www.thecenteronline.org



THE
CENTER
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FAMILIES

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Questions or comments about the newsletter can be directed to: (502) 581-7200

24 HOUR HOTLINES

VICTIMS MAY CALL COLLECT OR TOLL FREE, 24 HOURS
877.803.7577

DOMESTIC VIOLENCE & RAPE CRISIS
502.581.7222 or 812.944.6743
502.581.7242 TDD

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