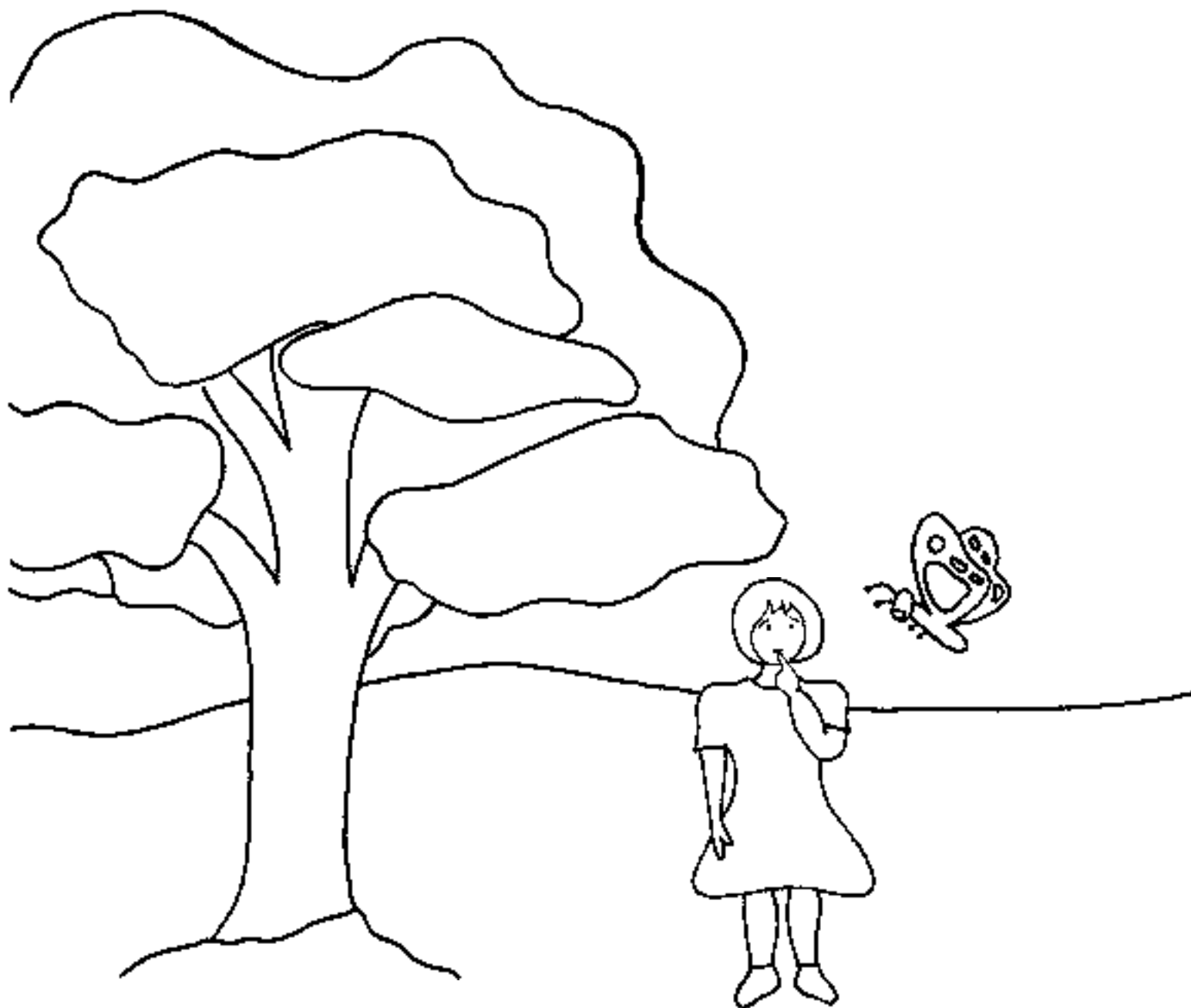
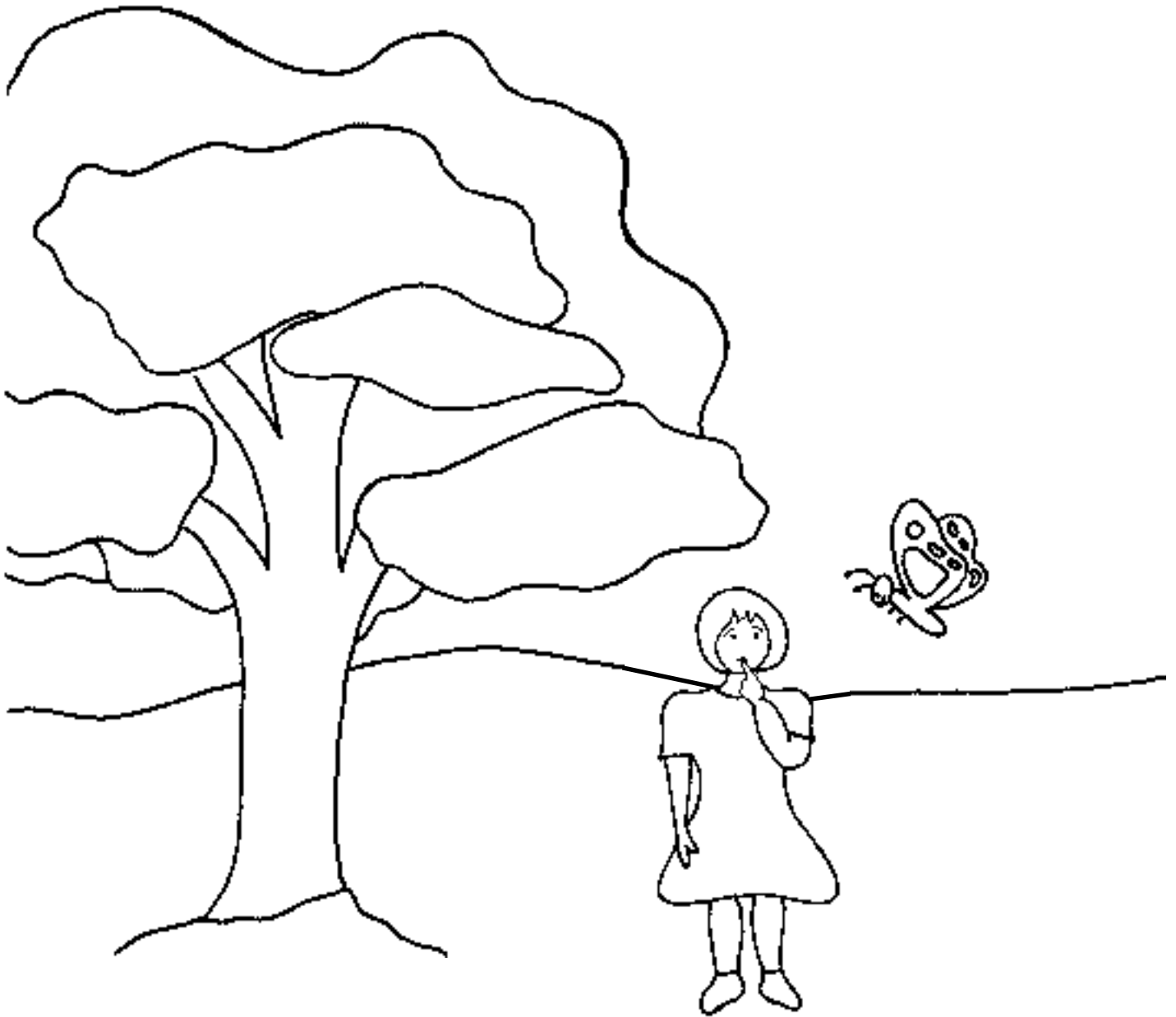


LISTEN TO YOUR FEELINGS

A Children's Book About Touching

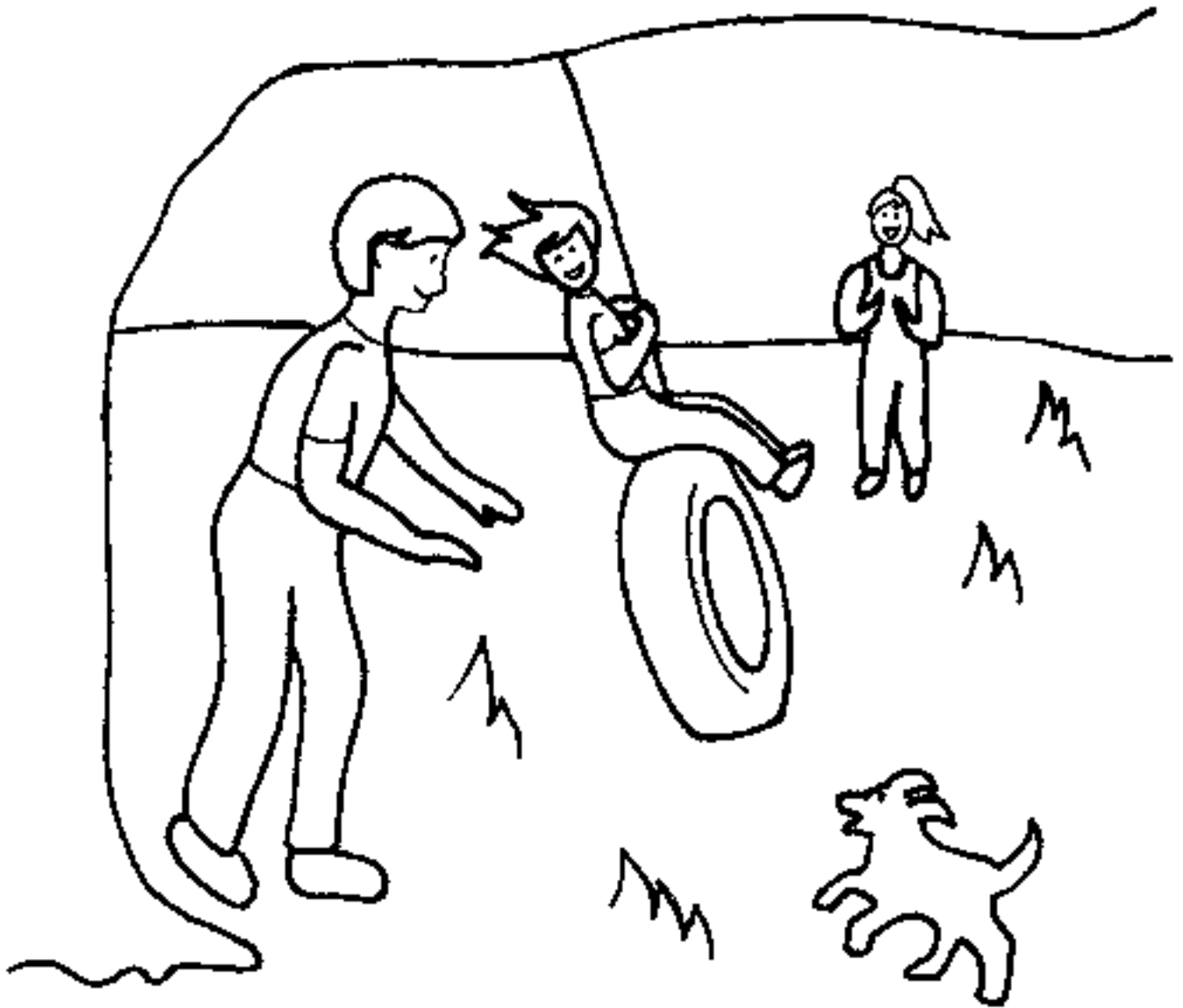


LISTEN TO YOUR FEELINGS



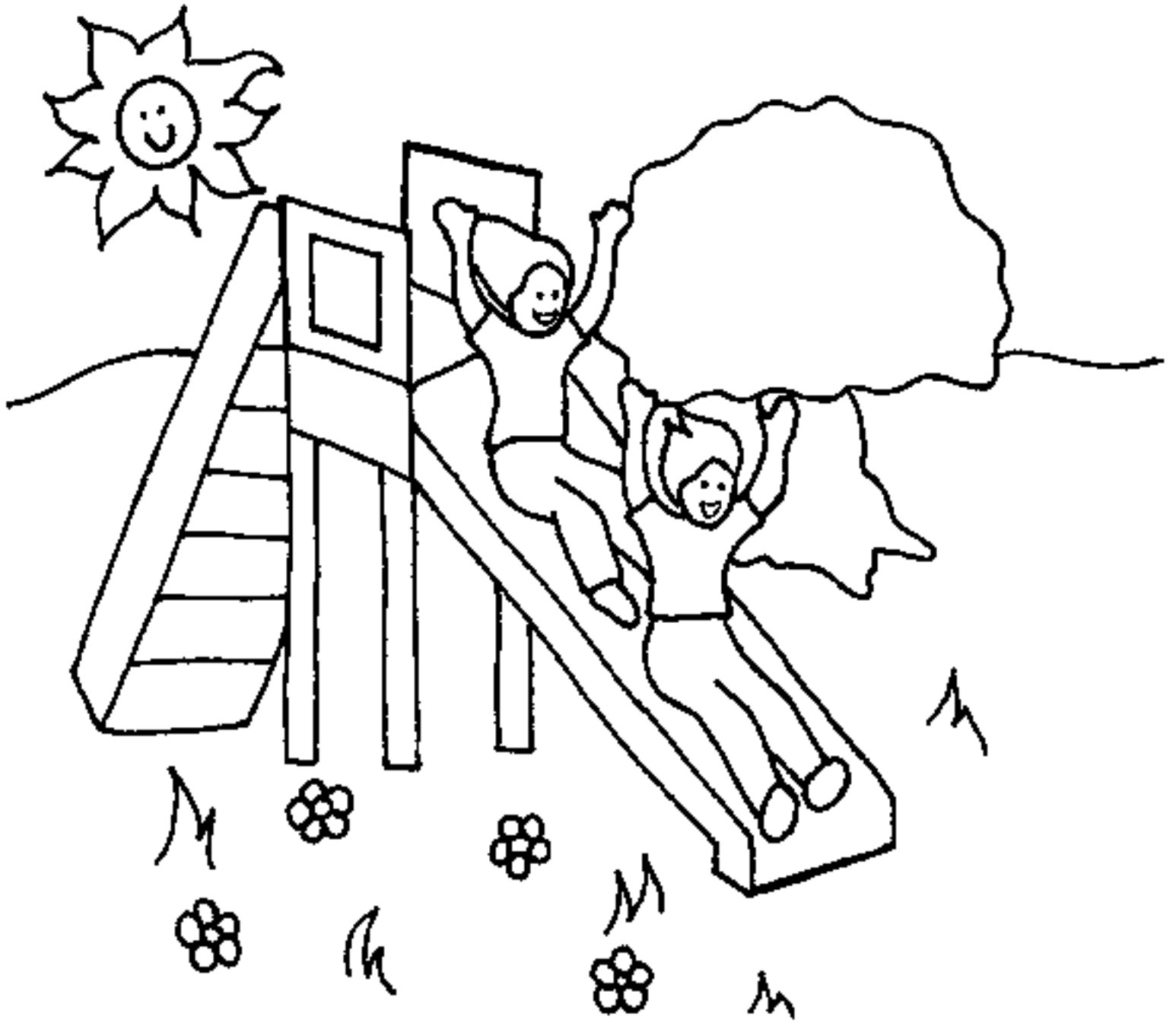
ONLY YOU KNOW HOW YOU FEEL.

WHO ARE YOUR FRIENDS? FRIENDS ARE PEOPLE WHO CARE ABOUT YOU AND TREAT YOU NICE. FRIENDS ARE PEOPLE WHO YOU HAVE KNOWN FOR A LONG TIME AND WHO YOU KNOW YOU CAN TRUST.



THEY CAN BE MEMBERS OF YOUR FAMILY, OR CLASSMATES, OR NEIGHBORS...GROWN-UPS OR KIDS! BUT JUST BECAUSE SOMEONE IS A CLASSMATE OR NEIGHBOR OR EVEN A MEMBER OF YOUR FAMILY DOESN'T ALWAYS MEAN THAT THEY ARE YOUR FRIENDS TOO.

FRIENDS WHO CARE ABOUT YOU WANT TO SPEND TIME WITH YOU, PLAY WITH YOU AND SEE YOU HAPPY.



FRIENDS WOULD NEVER, EVER WANT TO SEE YOU
HURT IN ANY WAY...NOT EVEN YOUR FEELINGS.

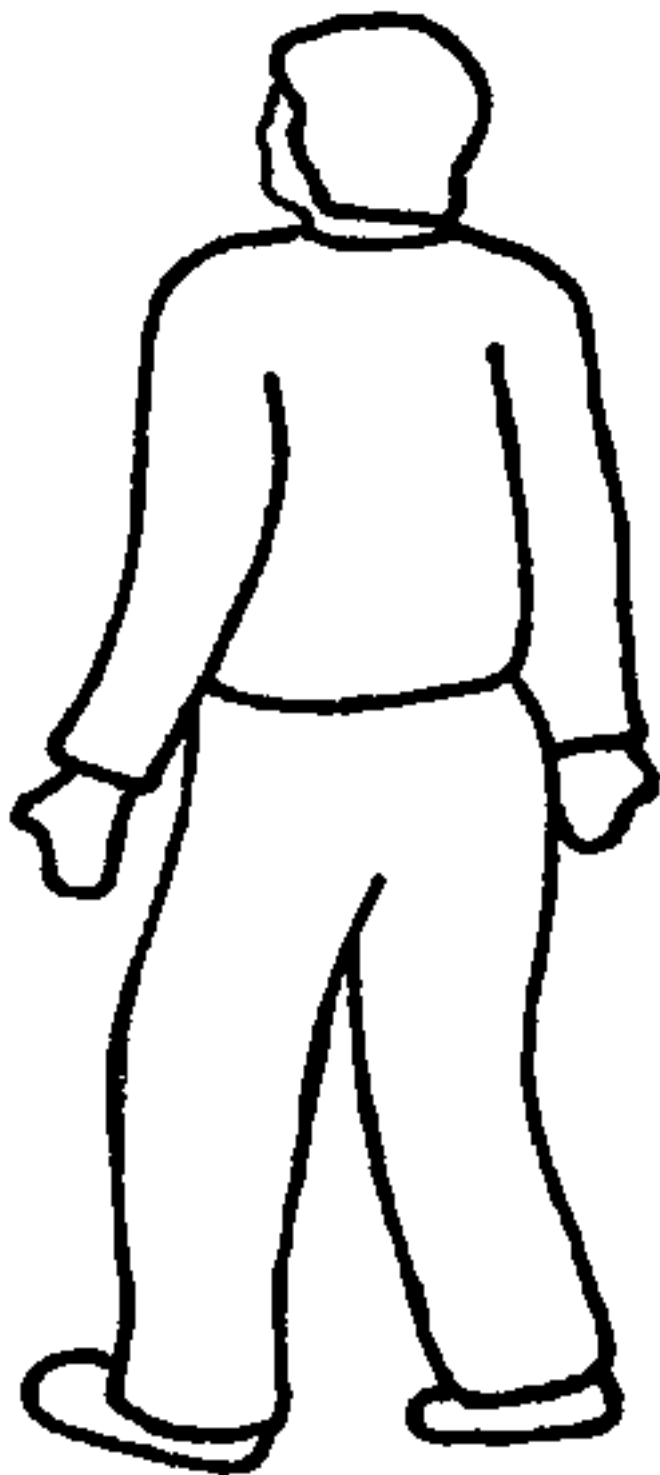


FRIENDS WOULD NEVER TRY TO MAKE YOU DO
SOMETHING THAT MAKES YOU FEEL FUNNY INSIDE.
THEY WOULD NEVER TRY TO MAKE YOU DO
SOMETHING THAT YOU DON'T WANT TO DO
AND THAT YOU KNOW IS NOT OKAY.

WHO ARE STRANGERS? STRANGERS ARE PEOPLE THAT YOU DON'T REALLY KNOW. MOST STRANGERS ARE GOOD PEOPLE, BUT THERE ARE SOME



SOME STRANGERS PRETEND TO BE NICE BUT ARE REALLY NOT. THESE STRANGERS COULD MEAN REAL DANGER FOR KIDS AND COULD HURT THEM.



NO ONE... NOT A STRANGER AND NOT EVEN
SOMEONE YOU KNOW... SHOULD DO ANYTHING TO
YOU THAT MAKES YOU FEEL FUNNY INSIDE.



NO ONE SHOULD TOUCH YOUR BODY WHEN YOU DO NOT
WANT THEM TO. NO ONE SHOULD TOUCH PRIVATE OR
PERSONAL PARTS ON YOUR BODY THAT MAKE YOUR LITTLE
VOICE INSIDE SAY, "I DON'T LIKE THIS".

THE PRIVATE AND PERSONAL PARTS OF YOUR BODY
ARE THE PARTS THAT YOU COVER WITH YOUR
UNDERWEAR OR SWIMSUIT.



NO ONE SHOULD TOUCH YOU IN THESE PLACES
AND TELL YOU TO KEEP IT A SECRET OR SAY
THEY WILL HURT YOU IF YOU TELL. NO ONE
SHOULD TRY TO MAKE YOU TOUCH THE PRIVATE
AND PERSONAL PARTS OF THEIR BODIES.

IF SOMEONE IS TOUCHING YOU AND MAKING YOU FEEL FUNNY OR "UH-OH", YOU NEED TO TELL THEM THAT IT IS NOT OKAY. IT IS IMPORTANT TO TELL SOMEONE WHO YOU TRUST - LIKE A PARENT OR A TEACHER - IF SOMEONE DOES SOMETHING TO YOU THAT YOU DO NOT LIKE.



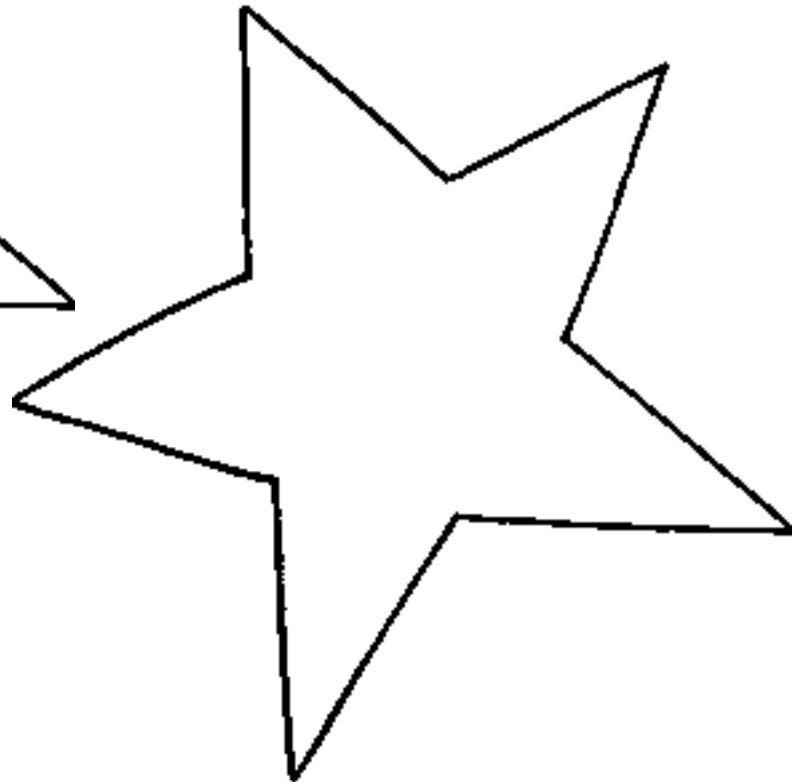
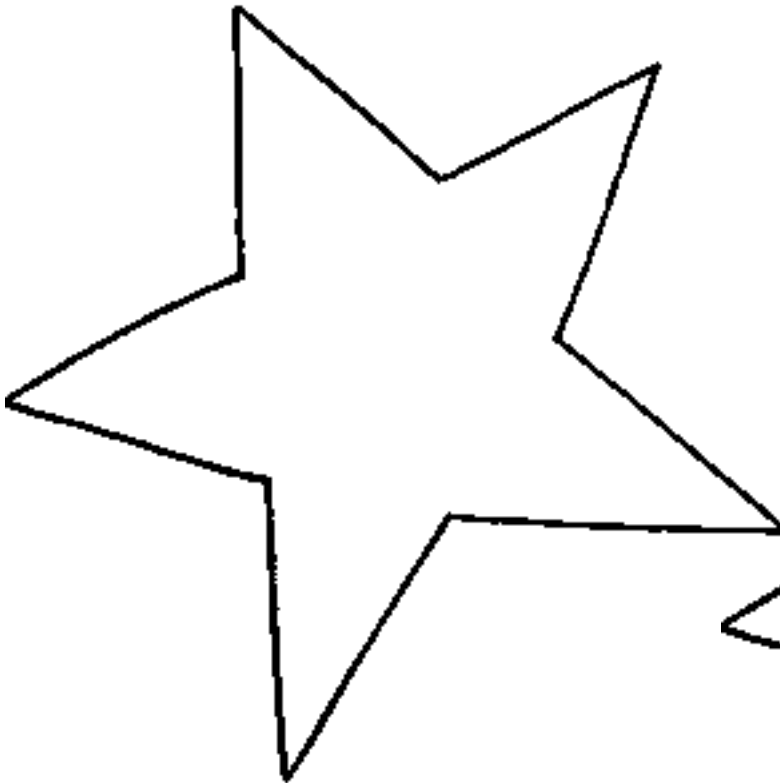
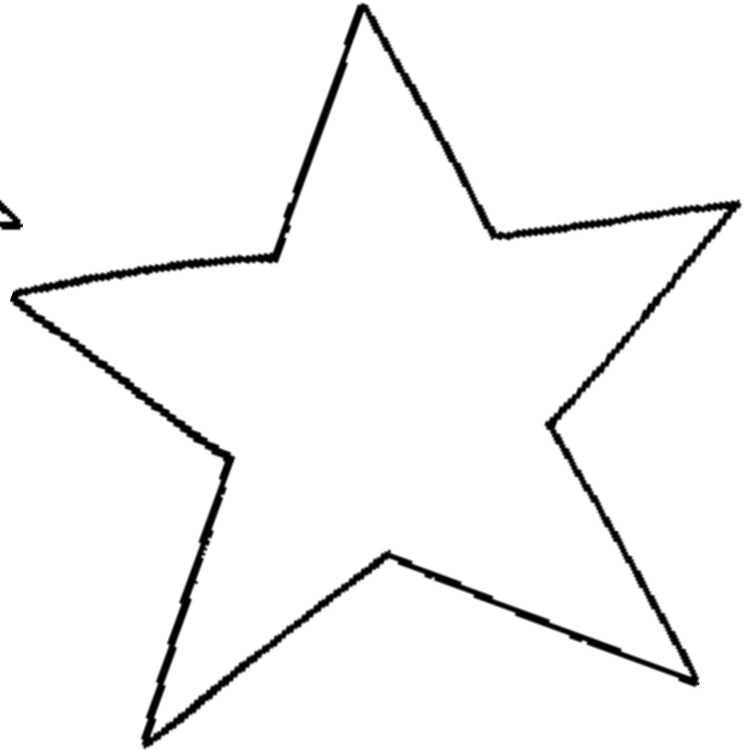
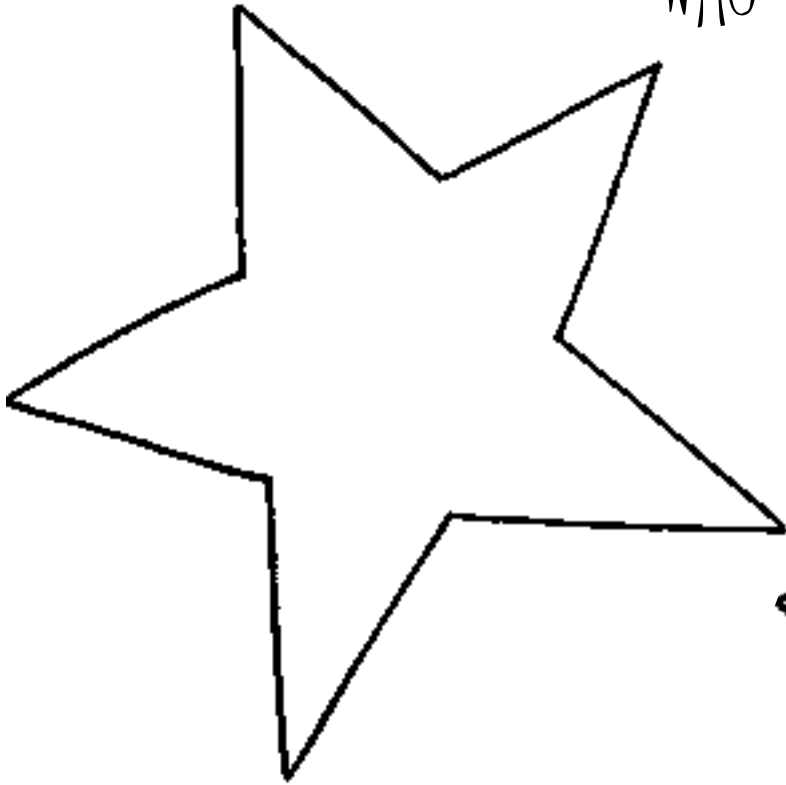
TELLING WHEN SOMEONE HURTS YOU IS NOT TATTTLING. IT IS OKAY TO TELL...EVEN IF THE PERSON SAID IT WAS A SECRET. THERE ARE GOOD SECRETS AND BAD SECRETS. THE SECRETS THAT HURT YOU ARE THE BAD SECRETS.

YOUR BODY BELONGS TO YOU AND NO ONE BUT YOU!
NO ONE HAS THE RIGHT TO TOUCH YOU IN A
WAY THAT MAKES YOU UNCOMFORTABLE. IF
SOMEONE DOES DO THAT TO YOU IT IS NOT YOUR
FAULT AND YOU DO NOT DESERVE IT.

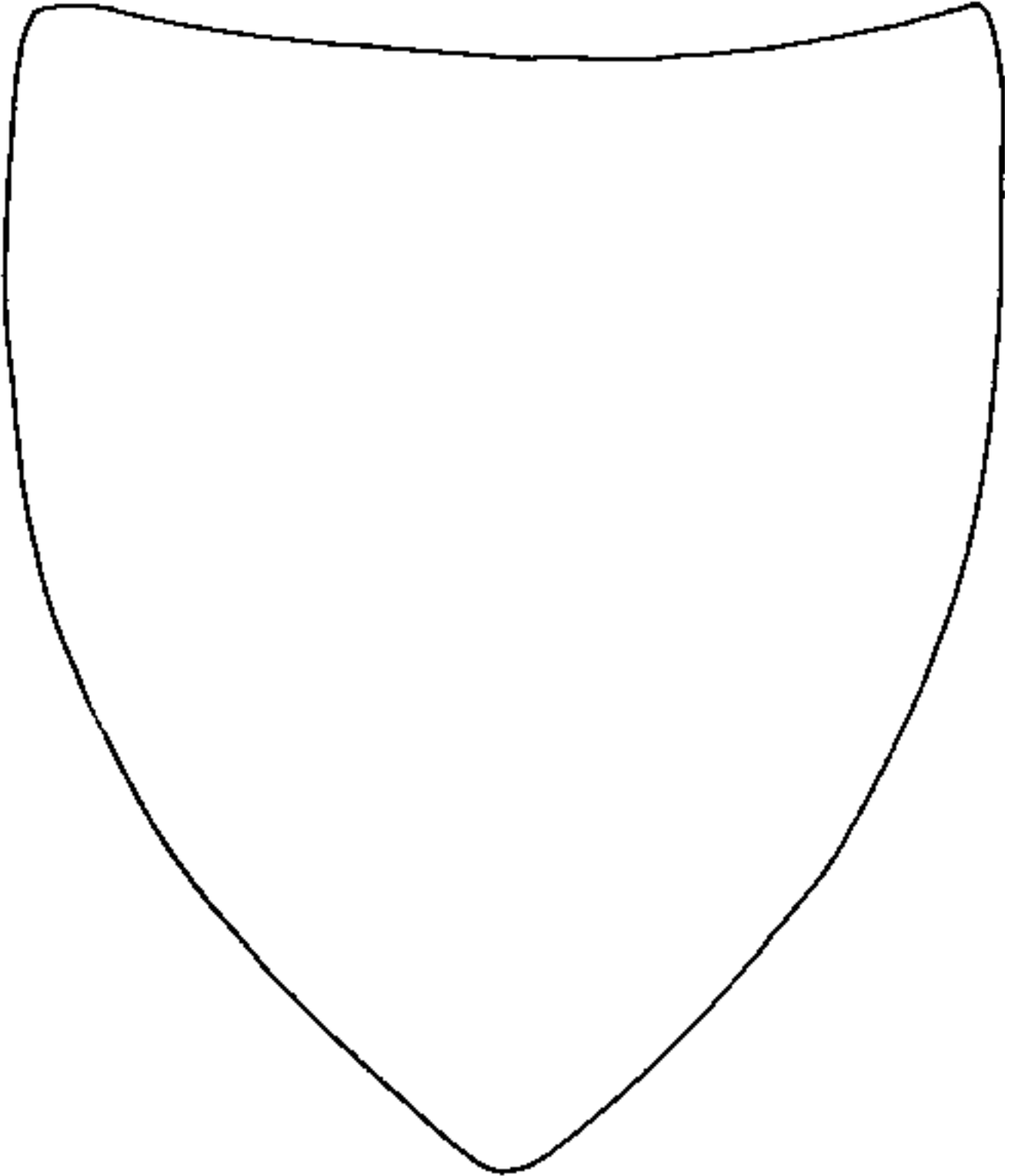


IT IS OKAY TO PROTECT YOUR BODY AND TO TELL
SOMEONE. REMEMBER TO LISTEN TO THAT LITTLE
VOICE INSIDE OF YOU AND TAKE CARE OF YOU!

WHO ARE SOME SAFE PEOPLE
YOU CAN TALK TO?
DRAW THEM INSIDE
THESE STARS!



I am safe and aware!



Draw YOURSELF IN THIS SHIELD FEELING SAFE.

People to Call

In an Emergency Dial	911
Jefferson County Police	574-2121
City Police	574-3711
City of Louisville Fire	574-3711
Jefferson County Fire	574-5646
EMS	574-3636
Poison Control	589-6500
Parents Work	
Parents Cell Phone	

Information made possible through a grant from
The Child Victims Trust Fund of Kentucky



THE
CENTER
FOR
WOMEN
AND
FAMILIES



Metro
United
Way

Toll Free 24 Hour Crisis Intervention
(877) 803-7577

Visit us online
www.thecenteronline.org

Domestic Violence Program

KY Crisis Line (502) 581-7222
IN Crisis Line (812) 944-6743

Rape Crisis Program

KY Crisis Line (502) 581-7273
IN Crisis Line (812) 944-6743

Family and Community Support Program

(502) 581-7237 or (812) 944-6743